

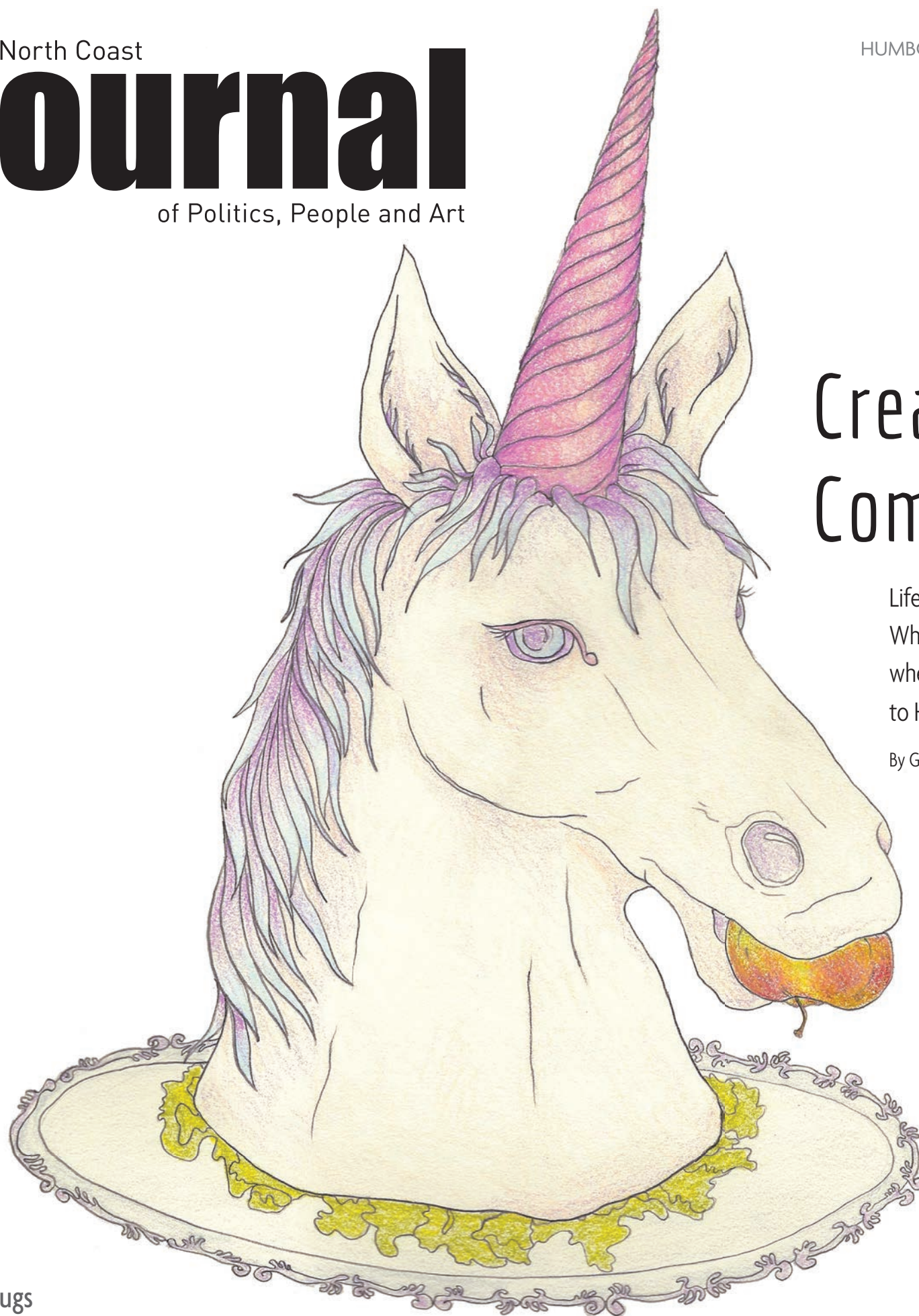
North Coast
Journal
of Politics, People and Art

HUMBOLDT COUNTY, CALIF. • FREE

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Vol XXVI Issue 52

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Creature Comforts

Life on the road:
What bands demand
when they come
to Humboldt

By Grant Scott-Goforth

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19 Slugs

34 Bugs

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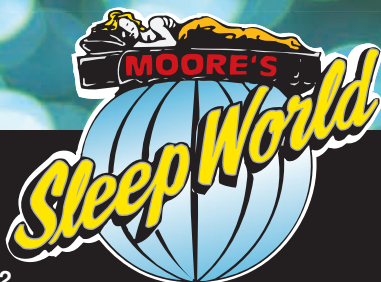
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Share Trinidad

Editor:
Vacation rentals in Trinidad, as in other coastal communities, are part of the response to the decline of traditional economic resources that contribute to the economic validity of the community ("For Rent," Dec. 10). The city of Trinidad is working together as a community to find the right balance between vacation rentals and preserving the neighborhood feeling of living in a small coastal town.

The changing demographics in Trinidad to an older population is not the fault of vacation rentals. An older, more retired community has fewer school-age children, however this has not impacted school enrollment. Limiting vacation rentals in Trinidad will create more empty homes that are used as second homes and homes for retired couples, not younger, long-term families.

The California Coastal Commission was created specifically to protect people's access to the coast, and Trinidad attempting to greatly reduce or ban vacation rentals is in direct conflict to the Coastal Commission's mission. Vacation rentals provide affordable stays for people visiting the area. The average price of \$100 per bedroom for vacation rentals in Trinidad offers the affordable vacation stay for people who have worked hard to earn that time with family and friends.

Kathleen Lake stated that she quit the planning commission because I had threatened to sue her if she did not. That is not the case. I stated that she needed to recuse herself from the VDU regulatory debate due to her strong bias and lack of an open mind to a public debate, which she is required to adhere to as a planning commissioner.

Enforcement of nuisance ordinances for loud noise during quiet hours should be

enforced on the tenants, whether they are vacationers, owner occupied, or long term tenants — and those responsible must be those committing the offense, not the property managers.

— Mike Reinman, Arcata

Which Laws?

Editor:
Terry Patterson's criticism ("Mailbox," Dec. 10) of Judy Hodgson's editorial on gun control ("Tipping Point?" Dec. 3) pointed to more than 2,000 gun laws now on the books not enforced, apparently intended to demonstrate the futility of passing more gun control laws.

I've seen the "thousands-of-gun-laws-are-unenforced" argument cited in the past by defenders of gun rights, so I went to Google where, under "unenforced gun laws," I found reference to two articles, one telling of a failure of authorities at all levels to enforce some laws, and the second crediting the NRA with frustrating enforcement of the Brady Act control provisions.

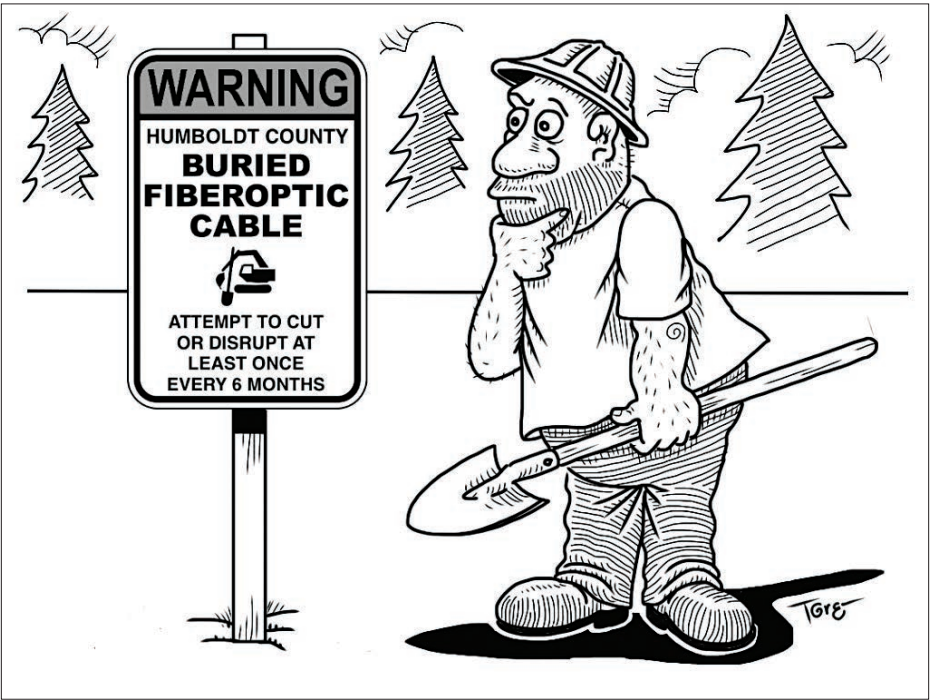
I did not read the articles (or any of the many others cited), sensing facts set forth both for and against Patterson's thesis.

Perhaps someone, more dedicated than I, can by review of these articles find some compelling ammunition in support (or derogation), of one side or the other.

— Charles Tillinghast, McKinleyville

Write a Letter!

Please try to make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com



Terry Torgerson.

Candleflame

If someone passes you a wavering candle flame in the darkness, remember not to hoard it, hiding the warmth of the flames greedily to your chest where no one can see it. As foolish as it may seem, you must pass on this lambent flame to others, others who will in turn do the same, so somewhere, someone whom you will likely never see or meet, a frail figure huddled shivering in the darkness, forgotten, alone will awaken from their nightmares into the flame of hope. It is this simple act of giving away what was never meant to be kept, you free yourself—and that flame ignites other flames, driving back the darkness one brilliant ray of love at a time.

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News

When the Shark Bites

Humboldt's best known artist and biggest beer company clash over the area's most recognizable illustration

By Grant Scott-Goforth

newsroom@northcoastjournal.com

Mention the words "great white" to average Humboldtians, and there's a pretty good chance they conjure an image of foamy beer first, and hungry sharks second. (Nobody's mind leaps directly to the hair metal band.)

That association is thanks to the massive success of Lost Coast Brewery, which has made its citrusy light beer into an international best-seller, and Duane Flatmo, the avant garde artist whose cubist designs grace local walls, clothing and, of course, beer bottles.

Flatmo began designing beer labels for Lost Coast Brewery owner Barbara Groom in the mid-1990s, first developing the distorted beer drinker for Downtown Brown and eventually designing labels for all the brewery's flagship beers.

Flatmo's unmistakable style is intrinsically linked with Lost Coast Brewery. There's little doubt his now-iconic labels helped the brewery grow into the 32nd largest microbrewery in the United States. With a new \$27 million brewing facility recently completed on the south end of Eureka, Lost Coast Brewery is an undeniable Humboldt County success story.

So what led to a year-long dispute, prompting Flatmo to send Groom a cease-and-desist letter, resulting in Lost Coast Brewery pulling one of its newest beers off shelves?

It was the label for the brewery's Sharkinator beer, a white IPA launched early in 2015. Until recently, it featured an armor-clad robo-shark standing on a beach, a gnawed-on surfboard in fin, with a severed robot hand lying nearby. Essentially, it's the mecha-Great White, and anyone who's seen the original would recognize it as a clever play, a Toho-esque re-imagining of the longtime favorite beer mascot.

At first glance, many familiar with Flatmo's work thought he created a new label, an update of his previous design for the brewery's expanding line of beverages. But he hadn't. In fact, Flatmo hasn't worked for Groom in years.

That was Flatmo's decision, and it stems

from a dispute over t-shirt royalties. Early on, he says, he did the Great White label for cheap, knowing that Lost Coast was a small brewery and suspecting, eventually, his design would become a popular image for shirts, sweatshirts, glasses and other shwag. Flatmo says Groom verbally agreed to pay him a dollar per t-shirt sale once the brewery took off, but in recent years, when he'd remind her of the agreement, she would defer the idea. Eventually, he says, he decided to stop working for her. (Groom did not return a call seeking comment.)

When Sharkinator hit the shelves, with a Flatmo-esque retread of the Great White label drawn by local artist Shawn Griggs, Flatmo says he was hurt.

"It was a little bit of a slap in the face to take my image and flip it," he says. Even the lettering, which he designed from scratch, was mimicked. "And so when I saw it, I thought, 'That doesn't seem ethically right.' So I asked a couple of attorneys about copyright law and they looked into the thing and said, 'Duane, she can't do this. What do you want to do about it?'"

Early in his career, Flatmo bought himself a book about laws, ethics and best practices for illustrators. He had realized early on he needed to protect his work. His concerns were cemented when, at a friend's wedding, he met a childhood hero, R. Crumb, who explained that the Mr. Natural poster that hung over young Flatmo's bed hadn't earned the artist a penny.

Flatmo didn't want damages for the Sharkinator label. He asked his attorney to send a cease and desist letter. After months of back-and-forth, Lost Coast agreed to redesign the Sharkinator label and pull the old bottles from shelves. That's supposed to be happening now, Flatmo says. He asked Groom to pay his attorney fees — which he estimates were between \$2,500 and \$3,000. She declined, he says, telling him that it was expensive enough to deal with Sharkinator's redesign.

Flatmo didn't want to go to court for restitution — it would've taken too long and been too stressful, he says. "I just want

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Left to right: Duane Flatmo's Great White Label, Lost Coast Brewery's original Sharkinator, which was pulled from shelves, and the new Sharkinator label by Shawn Griggs.

Submitted.

it to stop, go away, never do it, you never should've done it."

One could argue Groom should have known better. In 2014, Lost Coast Brewery sued a Florida beer maker over a label depicting a toothy shark, beer in hand, with a surfboard with a bite out of it. Aviator Brewing Company's "Madbeach" even boasts a similar style to Great White: a wheat ale flavored with orange.

But a judge tossed Lost Coast Brewery's lawsuit — not on the grounds that the image wasn't copied, but on the fact that the

California court where it was filed had no jurisdiction. Aviator didn't sell west of the Mississippi, and wasn't directly competing with Lost Coast.

Flatmo says he probably could have sued Aviator for copying his image — he says the company "ripped it off" — but says it's not his style. "I don't want to spend my life suing," he says.

Scott Cocking, Lost Coast Brewery's art director, declined to comment on the Flatmo dispute. But he says, in an age when microbrews are popping up all over

the world, it's getting harder and harder to create original beer names and logos. Despite Lost Coast's success, Cocking says it's nothing like Jack in the Box, where he used to work, which had a team of lawyers preemptively vetting marketing materials.

Cocking works under Groom — he

says she dictates what all the artwork looks like; he contracts an artist and puts all of the pieces together. He says Groom had the name for the company's most recent release, Fogcutter, for years. They don't want to use up a good trademark on something that won't sell well, so the company's testing beers' sellability under its "Lost Coast Brewery Labs" label.

"Barbara used to spend a lot of time and money on labels for beers that didn't do well," he says. Even then, Cocking continues, the brewery can miss some-

thing. The company was close to releasing another new beer when they learned that they could have faced a legal challenge over the name or design. He declined to elaborate, but said it was sad because the artwork was nearly ready to go.

It's understandable, from a business perspective, that Groom would want to maintain a cohesive artistic style for the brewery's labels and promotional materials.

"She was trying to keep her brand going that I created by having someone else copy my work," Flatmo says. But he's trying not to dwell on it. He's concerned about sounding whiny or petty — he still eats at Lost Coast Brewery's restaurant, and he doesn't want this to tarnish his relationship with the brewery as a Humboldt County institution. Mostly, he wants to show other artists what they can do to protect their art.

"I'm really glad it's over," he says. "I think [Groom] learned a lesson. And I think we all can learn a lesson about that. I think it sets a precedent, too, so that people can see when you do create something and it is your work, that it's yours and it is protected." ●



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HAPPY HOLIDAYS AND NEW YEAR FROM THE HUMBOLDT CANNABIS CENTER

The Humboldt Cannabis Center wishes everyone in the North Coast Region a happy, healthy holiday season. We encourage those in the industry to share their prosperity in ways that support our communities. Explore and consider how you can support local service organizations and charities with your time, energy and, of course, money. There are many wonderful, worthy causes from which to choose. With prosperity comes responsibility towards the betterment of our community.



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Merryjuana

Christmas shopping and pot's pop culture saturation

By Thadeus Greenson
newsroom@northcoastjournal.com

'T is the season... to commercialize just about everything in the world. And, as we, as a state and a nation, collectively re-examine our pot laws, that includes marijuana, or as one savvy retailer recently rebranded it, "merryjuana."

In the umpteenth sign that marijuana has now fully crossed over into the United States' cultural mainstream, scores of publications — including buttoned up,

respectable types like *Forbes* and the *San Francisco Chronicle* — have released marijuana Christmas gift guides, helping you decide what to get for that stoner in your life who has everything.

Many of these gift ideas aim either to hide or promote one's pot consumption. The *Forbes* list, which notes "Christmas is the time for glitz and luxury," includes the Pax 2, a "sleek and stylish" gold plated vaporizer (\$279.99). It fits in the palm of your hand, making it perfect for when you need to sneak a toke at your family holiday party and want to look stylish doing it. Then, there's the "Cannabis Killer" candle, specially crafted with enzymes that get rid of smoke odor, replacing it with a "mint/pine/menthol" scent (\$14.99). Gone are the days of Nag Champa and fabric-softener stuffed tubes. The candle boasts a 90-hour burn time, so toke up — "your gift will keep on giving."

On the other end of the spectrum, a quick web search for the words "marijuana" and "Christmas" brings up a plethora of shopping options for the less inhibited marijuana enthusiasts among us. Our per-

sonal favorite: a gray hoodie emblazoned with the words, "ALL I WANT FOR CHRISTMAS IS SOME DANK ASS KUSH" (\$35). If that's a little too blunt for you, rapper 2 Chainz — that stylish demigod formerly known as "Tity Boi" — has you covered.

He of the double-chain fame just released a line of marijuana themed ugly Christmas sweaters, which come emblazoned with weed leaves, bong and images of Santa doing the dab, the popular dance move that mimics someone falling prey to THC-induced narcolepsy (\$25-\$50). If 2 Chainz is just one too many for your sensibilities, there are other pot-themed holiday sweaters out there, like the one with a happy-looking gingerbread man under the slogan "Let's Get Baked," or a simple pine tree that notes "the tree isn't the only thing getting lit this year," amid a sprinkling of pot leaves, just in case the sweater's meaning was unclear.

If a simple pot-themed sweater just isn't creepy enough for you, check out the green cannabis leaf contact lenses from spookyeyes.com (\$23.95). Or, there's the limited edition coffee table book *Naked*

Girls Smoking Weed, which the publisher warns will not be reissued and is now a collectable (\$99.99). The book's eBay blurb boasts that "minimal text leaves plenty of room for lots of pictures." But don't worry, the blurb goes on, the book's written by Rob Griffin, founder of www.420Girls.com, "not just some sleazy guy who has spotted a gap in the market."

But amid all the ridiculous, weed-themed commercialist crap the holiday Interwebs have to offer, there are a few gems, things that can truly revolutionize a weed enthusiast's life. If you're in the market for one of these, look no further than the Pipemug from ZANG!, which comes billed as the "world's only" hand-made, ceramic coffee mug with a pipe in it. Yes, you got that right: a single tool that allows whoever's wielding it to simultaneously wake, bake and caffeinate. The thing's dishwasher and microwave safe, so all you need to do is "sit back, rip it and sip it."

If you want to snag one of these babies, though, you'd better act fast: About half the company's Pipemug offerings are currently out of stock. ●

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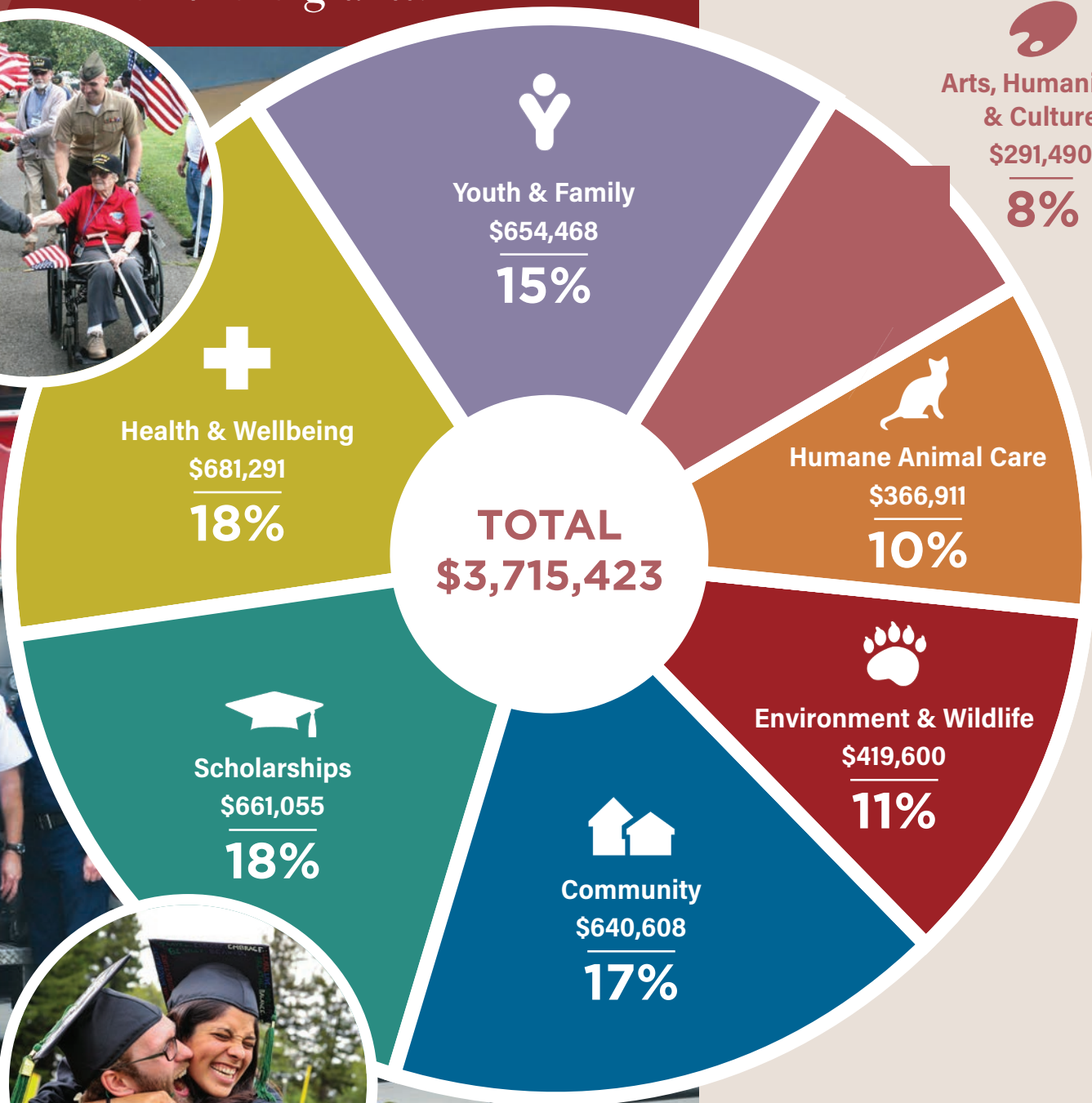
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Better Addiction Treatment?

Drug and alcohol related fatalities comprised 20 percent of all Humboldt County deaths over the last three years, but the number of those seeking help often exceeds the amount of treatment available. A change in the state's Medi-Cal program may change that, opening up access to treatment for many low-income residents.

A key component of the Medi-Cal program's federal "drug waiver," which will get rolling in 2016, is flexibility. Prior to this expansion of the Affordable Care Act, treatment providers were limited in the types of care they could offer to Medi-Cal patients. Currently, no inpatient residential program in Humboldt County accepts Medi-Cal as a form of payment. Residential programs, with a structured environment, can be crucial in addressing the holistic needs of patients who may also struggle with housing insecurity, mental illness and making lifestyle changes that support recovery.

The county's outpatient program (which features group and individual therapy) does accept Medi-Cal, but it does not include detox services. For many patients, detox, which involves the withdrawal from the substance or substances of abuse, is the first hurdle in getting clean. The county's lone detox program, which is privately run through Alcohol Drug Care Services, accepts subsidies for some patients from the county but does not accept Medi-Cal. Nancy Starck, legislative and policy manager at the Humboldt County Department of

Health and Human Services, says that might be changing.

"It could be a great opportunity to address a big need in our county," she says. "We're exploring opting into the waiver as a Northern California Region, for economy of scale. A small county like ours can't expand these services alone."

For the first time, the county may also cover reimbursement for case management. Case management allows social workers to address all the needs of a client (housing, mental illness, employment), connect clients to services and track progress over a greater length of time.

"We think integrating these new services into the Medi-Cal health plan makes the most sense for holistic patient care," says Starck.

A county report on this option adds that the waiver is voluntary, and "a number of the small, rural northern counties have agreed to meet as a region to explore several ACA and managed care issues and opportunities, including a regional approach to Drug Medi-Cal." Medi-Cal for the eight northernmost counties of California is all managed by Partnership Healthcare, and Starck said the counties may work regionally to address this common issue. Existing treatment programs, specifically Alcohol Drug Care Services, may also get a boost from added Medi-Cal funding.

— Linda Stansberry

POSTED 12.19.15. READ THE FULL STORY ONLINE.

Show of Force



Tattoo artist Justin Love was one of many who braved the cold, wet dreariness to check out the much-hyped local premiere of *Star Wars: The Force Awakens* at Broadway Cinema, where a line stretched around the building in advance of the opening screening. POSTED 12.18.15 — Photo by Mark McKenna

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Rain, Rain, Here to Stay: Merry Christmas from Mother Nature! We are at 126 percent of normal rainfall for the year. The normal amount of rainfall, measured from Oct. 1 through Dec. 21, is 13.53 inches. This year, NOAA measured 17.59 inches. December alone has brought 11.53 inches, three inches more than normal. POSTED 12.21.15

Championship Crusaders: The St. Bernard's High School football team made history on Dec. 19, becoming the first North Coast team to win a state championship. Under a driving rain in Laguna Hills, the Crusaders lead throughout and beat Saddleback Valley Christian 28-21 to claim the California Interscholastic Federations Division V-A state title. POSTED 12.20.15

AT&T Promises Upgrades: In a letter sent to the Humboldt County Board of Supervisors Dec. 16, the company said it's "upgrading the North Coast network to significantly increase the network's protection against outages or service disruptions caused by fiber damage." The company has been plagued by a pair of recent outages. POSTED 12.16.15

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Digitally Speaking

\$32,000 How much the Humboldt County district attorney paid a special prosecutor to handle the double murder case of Jason Anthony Warren, who was convicted on all charges. POSTED 12.21.15

They Said It

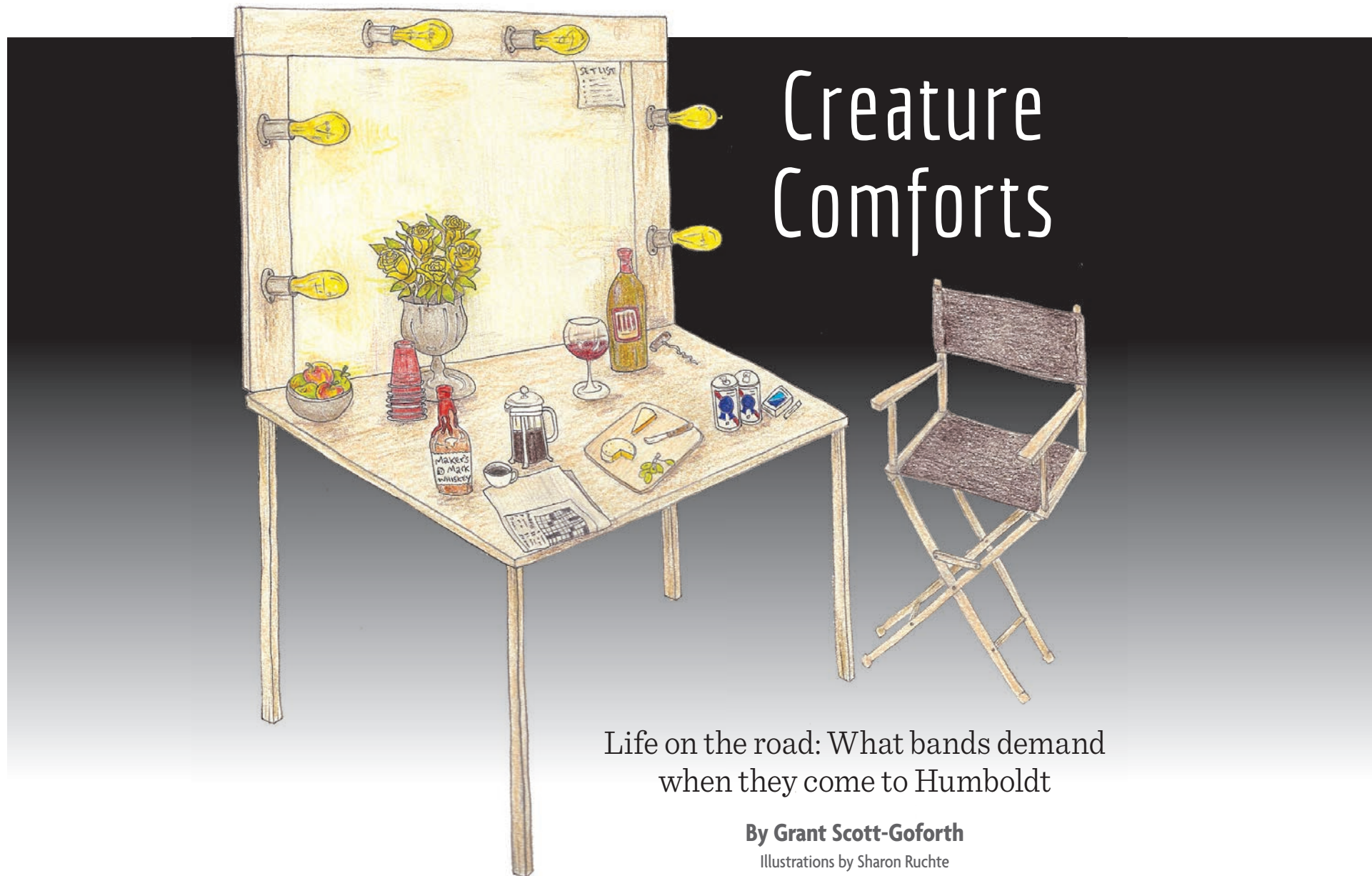
"The competition might be over but this is only the start of a movement that will ultimately phase out disposable cups at HSU forever."

— Meredith Garrett, Humboldt State University Waste Reduction and Resource Awareness Program coordinator, on the school's top ranking in a national waste reduction program. POSTED 12.18.15

Comment Of The Week

"This will be one of the keys to dealing with some of our main contributors to crime, homelessness, families coming apart etc. Inpatient services are far more successful than outpatient services in solving substance abuse and ultimately more cost effective."

— Uri Driscoll, commenting on a change to Medi-Cal that could improve addiction treatment. POSTED 12.19.15



Creature Comforts

Life on the road: What bands demand when they come to Humboldt

By Grant Scott-Goforth

Illustrations by Sharon Ruchte

On a wet Friday morning, Center Arts Director Roy Furshpan and Coordinator Michael Moore Jr. stood in an aisle of the brightly lit Van Duzer Theatre, empty except for small crews buzzing around, setting up sound equipment, instruments and lights.

Furshpan and Moore were waiting on a supplier to come over the hill from Chico with instruments and sound equipment for that evening's show, the Portland-based big-band group, Pink Martini. The band doesn't travel with its own equipment, so it's up to Center Arts to hire an outfitter to meet the performers' needs.

Furshpan and Moore weren't worried — yet. But they were thinking about the weather and State Route 299's sharp curves; about mudslides and snowy passes and flat tires. They were also thinking about how they'd furnish Pink Martini's dressing rooms, and feed the band and crew with takeout from a number of local restaurants. Because of the group's variety

of tastes, a caterer wouldn't do. Furshpan and Moore are always thinking about those kinds of things. It's their job.

While Center Arts hosts about 50 shows a year, many of them famous and celebrated music, dance and spoken word acts, the work that goes on behind the curtain is far from glamorous.

The contract between a group and its hosting venue offers a unique glimpse into the life of a touring band. These documents, prepared by the band (or its management company), spell out the fees an artist will command, security details, insurance, marketing details and a slew of legal intricacies.

The *Journal* read through 96 contracts from Center Arts' 2014/2015 and 2015/2016 seasons in the hopes we could pull back the stage curtain on the touring life. Typically, those documents are confidential to protect artist fees and potentially embarrassing requests. But, because it's affiliated with a public agency — Humboldt State University — Center Arts provided the contracts after the *Journal* submitted a

public records request.

Performance contracts usually contain riders — thusly named because they “ride” alongside the legal documents — that lay out the performers' technical requirements and the terms of their accommodations. Artist payments vary wildly — many are flat fees, others take a portion of Center Arts' ticket sales. Supporting acts — the unbilled opening artists — often get paid \$500 or less for a show, while the accompanying headliner earns tens of thousands of dollars for the night's performance. Some of the highest fees went to solo speakers — Garrison Keillor and Dana Carvey each pulled in \$40,000 for their appearances, for example.

Technical riders are often vast and vary wildly, depending on the type of performance. Bands will include a diagram of the stage layout and how the instruments should be plugged into a mixing board. Dance troupes describe the props, stage decorations and necessary dimensions of their performance area. Pianists and others with large equipment will detail the

instruments the venue must provide, and how they should be tuned.

And technical riders contain the lighting, sound and equipment directions that give shows their unique ambiance. New-folk-rockers The Avett Brothers, for example, enhance their live show with haze.

“We have to have haze!” their rider declares. “If this is an issue please contact us immediately.”

Others are less specific. The Ukulele Orchestra of Great Britain asks that house lights be on just enough so its musicians aren't looking out into a “black void.” On stage, the performers ask that they be well lit, “while standing and sitting. Please note one performer is 6 feet, 8 inches tall.” (If the image of an NBA-sized man playing the world's smallest string instrument tickles you, you're in good company.)

The on-stage setup for Garrison Keillor's one-man show was remarkably simple: a microphone, a stool and water.

For the most part, technical riders are

Continued on next page »

11 Conclusions We Jumped To From Artists' Riders

1. Brett Dennen has been beaned by a projectile: "Artist reserves the right to prohibit the sale or free promotional giveaways of any merchandise that may be determined as dangerous to artist performance and personnel. These items may include glow sticks, key fobs, balls, flammable items, Frisbees or any similar item that could be considered a flying object and inflatable items."

2. Sharon Jones looks out for her fans: "[Sharon Jones and the Dap-Kings]

are happy to allow their fans to take pictures with their digital phones and point and shoot cameras. ... Remember, these are kids having a good time, taking home a personal souvenir. We need vigilance and alertness, but we do not need fans to be harassed verbally or physically for taking a picture."

3. The Ukulele Orchestra of Great Britain doesn't like American media: The group requests, for its dressing room, "Two newspapers (only in the UK)."

4. Zap Mama & Antibalas does needy locals a solid: The group requests that "any leftover

food and drinks be delivered to a local food bank or shelter."

5. TV makes Bobby McFerrin worried and unhappy: Regarding his hotel accommodations, "All televisions to be removed from suite prior to arrival."

6. A drunk roadie dropped one of Dark Star Orchestra's guitars: "We require at least six professional and sober in/out loaders."

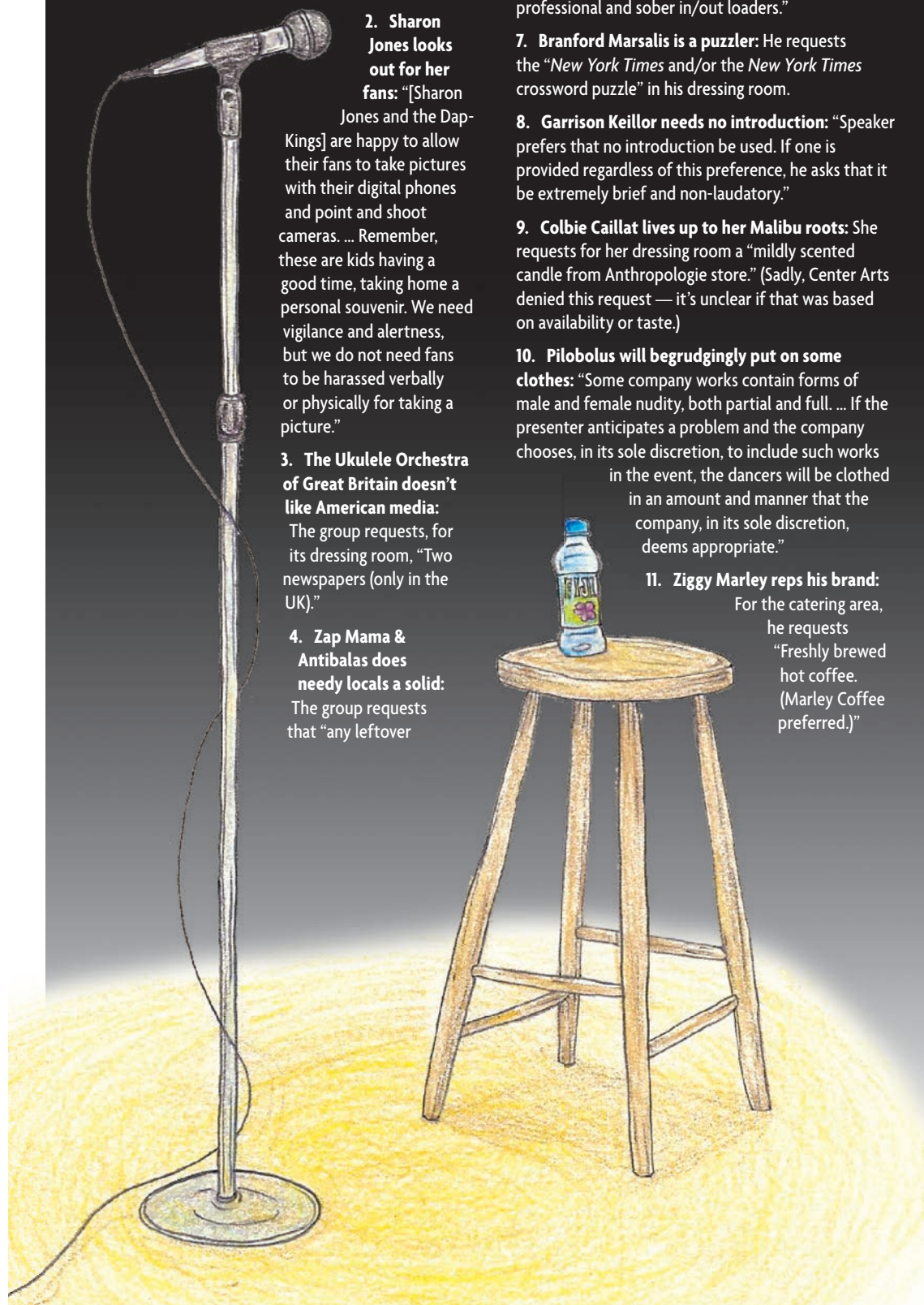
7. Branford Marsalis is a puzzler: He requests the "New York Times and/or the New York Times crossword puzzle" in his dressing room.

8. Garrison Keillor needs no introduction: "Speaker prefers that no introduction be used. If one is provided regardless of this preference, he asks that it be extremely brief and non-laudatory."

9. Colbie Caillat lives up to her Malibu roots: She requests for her dressing room a "mildly scented candle from Anthropologie store." (Sadly, Center Arts denied this request — it's unclear if that was based on availability or taste.)

10. Pilobolus will begrudgingly put on some clothes: "Some company works contain forms of male and female nudity, both partial and full. ... If the presenter anticipates a problem and the company chooses, in its sole discretion, to include such works in the event, the dancers will be clothed in an amount and manner that the company, in its sole discretion, deems appropriate."

11. Ziggy Marley reps his brand: For the catering area, he requests "Freshly brewed hot coffee. (Marley Coffee preferred.)"



Creature Comforts

Continued from previous page

reasonable and speak to the varying degrees of control different performers want over their shows. There are limitations, of course, to what Center Arts can provide when it comes to space and equipment.

A negotiating process unfolds in the margins of the contracts and riders the *Journal* obtained, spelled out in hand-written notations Center Arts employees make to the documents. These inform the bands' tour managers that the venue can only provide in-house sound monitoring, or that an artist must make do with 10 complimentary show tickets instead of the requested 30, for example.

The notations — and negotiations between artist and venue — become more interesting in the hospitality riders, where performers detail the specific food, drink and comfort items they need to prepare for and wind down from their shows. This is where we see what life is like on the road, and how different artists cope with the grind of touring.

Leaked hospitality riders from A-list celebrities yield all sorts of tabloid worthy gems, from Beyonce's hand-carved ice balls to Van Halen's bowl of M&M's with the brown candies removed (which the group claimed was to gauge attention to detail to ensure the safety of the band and its crew during the performance).

By and large, the touring groups that visit Center Arts request pretty normal stuff. They want a hot meal, tea, coffee, beer, wine and water. Hummus is popular. So are deli and veggie trays, granola bars and Honey-crisp apples.

Health and environment are common threads in hospitality riders. A number of bands declare their tours "eco-conscious," asking for real plateware and cutlery, and organic and fresh, local foods (sometimes while also asking for Red Bull, bottled water, sugary breakfast cereals, Easy Mac and other apparent contradictions to their salubrious lifestyles).

Furshpan says touring artists increasingly want to stay healthy during extended road trips where

much of their time is spent on a bus or in a hotel room.

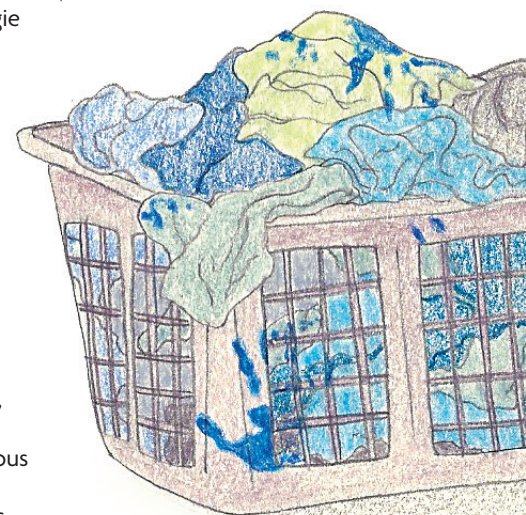
"If they ate peanut butter and jelly sandwiches for three months they wouldn't be very healthy," he says. Gone are the days when riders would demand that venues supply band members with "illegal substances," he says. University policy, in fact, prohibits Center Arts from providing anyone with hard stuff, limiting bands' alcoholic green room choices to beer and wine (unless they sneak their own, presumably).

There are also a lot of dietary restrictions. "Weird Al" Yankovic is a vegan, and a member of his party is allergic to mushrooms. Gov't Mule has four fish-eating quasi-vegetarians.

Variety is the spice of life. Some contracts have meal types assigned to different days of the week to keep travelers from tiring of the same thing over and over. "A lot of riders for a while said, 'Absolutely no lasagna,'" Furshpan says, admitting that his organization was guilty of doing just that. It's easy to cater — but that's what every other venue realized, and artists were tired of having the same meal every night.

Singer-songwriter Patty Griffin goes so far as to spell out a weekly cocktail schedule: Friday, Maker's Mark; Saturday, Grey Goose and tonic; Sunday, Patron Silver and limes; etc. Alas, Center Arts cannot provide.

A number of performers want local specialties, and Furshpan says the abundance of fresh, local



food in Humboldt makes it easy to accommodate. Nick Offerman, most famous for playing TV's pickiest epicure Ron Swanson on Parks and Recreation, specifically requests hometown specialties: "i.e. in Kansas City — best BBQ, in Philly — best cheese steak, etc."). Furshpan says Center Arts often provides performers with Cypress Grove cheese, Los Bagels items, and Mad River Brewery beer. Despite Offerman's predilection for local foods and his reputation as a carnivore, he simply ordered two salads from Abruzzi.

And Trombone Shorty — the brass bandleader from New Orleans — doesn't want some far-away chef to try and impress him with knock-off culinary styles. "Please no Cajun or New Orleans-style food," his rider states.

A good handful of riders contain lots of bold, underlined, all-caps requests ("**NO DASANI**") — indicating, perhaps, they were typed up by a frustrated tour manager.

Others poke fun at the construct. Folk-punk trio The Devil Makes Three (a Humboldt County favorite) leads off its hospitality rider with the following: "Please have hot coffee and a unicorn available at load in. Immediately following load in the Unicorn is to be slaughtered and cooked to perfection. This will serve as our sound check snack. Please make sure the unicorn is cage free and grass fed. A horse with a party hat on will not be accepted as a substitute."

Some of the actual requests are just as hilarious. Naturally, Blue Man Group, famous for its explosively colorful stage shows, requests extra laundry service. Also, mystifyingly, it asks for seven 8-ounce bars of Philadelphia cream cheese, and 16 cases of "stage 4 ripeness" bananas (an explanatory chart accompanies the request).

The North African group Tinariwen can't eat pork — its members are

Muslim — and the band's hospitality rider asks for hot meals after its performance, preferably "African, North African Turkish, Lebanese, ... Indian." Good luck in Humboldt, right? Maybe it's a lack of good ethnic food stateside that's made Tinariwen

perhaps the most self-sufficient band to visit the Van Duzer Theatre.

"Please note," the rider continues. "Tinariwen is also fond of cooking." In lieu of a catered meal, the group simply asks for a cook pot, three-and-a-half pounds of meat, vegetables, onions, thyme and some rice or dough.

It's standard for artists on the road to request

"Please have hot coffee and a unicorn available at load in. Immediately following load in the Unicorn is to be slaughtered and cooked to perfection."

— *The Devil Makes Three*

a long list of snacks and beverages to restock their tour buses. These are often long, detailed grocery lists. But others, usually solo acts who fly in the day of their performance, are remarkably simple.

Dana Carvey, wanted only the following in his backstage dressing room: a vegetable tray for four people, Evian water on ice and three bottles of Bud Light.

Other notes highlight the frustrations of long road tours, which are by all accounts grueling. The contract for singer-songwriter Rhiannon Giddens soberly notes, "We do not want a club full of musicians with low blood sugar. They are absolutely impossible to deal with. Thank you (for all our sake)."

Another asks that group members be assigned rooms on different floors during local hotel stays. "Remember that we spend 12 hours a day with each other. Privacy is wonderful!" "Weird Al" Yankovic's rider asks for a dressing room for members of

Continued on next page >>



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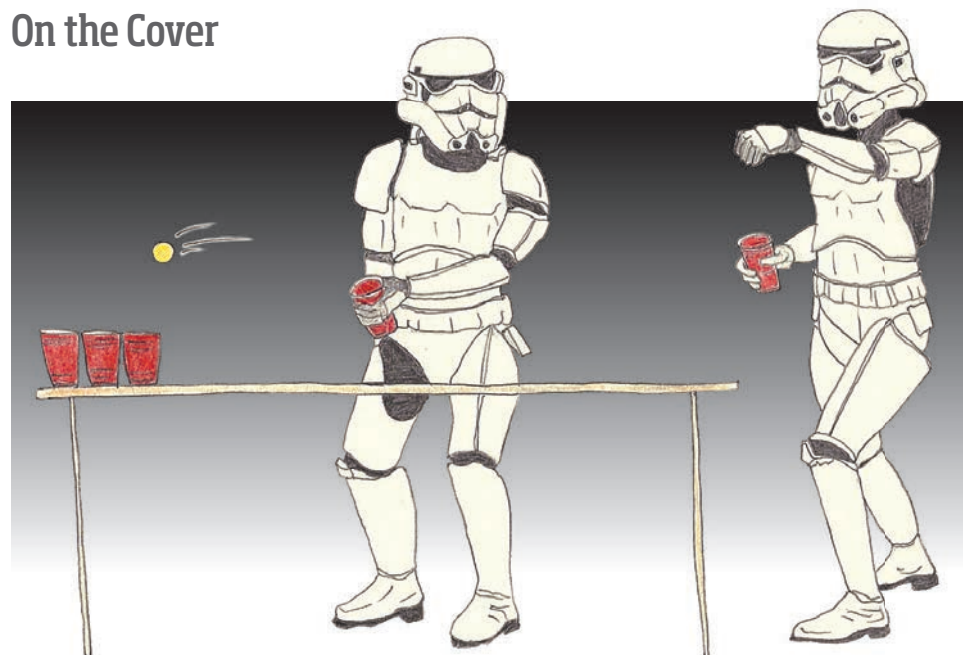
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On the Cover



Creature Comforts

Continued from previous page

the Local 501st Legion — costumed Stormtroopers who perform during a Star Wars-themed song in Yan-kovic's show. "Where possible," the rider states, conjuring up an image of hard-partying Imperial soldiers, "this room should be located in a SEPARATE AREA from AI and band."

That kind of request is only barely possible at the Van Duzer Theatre. There are only three dressing rooms backstage, and they look like classrooms. Furshpan and Moore, adjusting the thermostats as they prep the rooms for Pink Martini's show, say most bands spend their downtime on their tour buses, coming off only for meals and immediate pre-show prep.

The *Journal's* Diva Award goes to Grammy Award-winning jazz vocalist Cassandra Wilson, who played Humboldt State in 2015 and will return in May.

Wilson's rider is deliciously precise and full of passive aggressive phrasing. Like the other riders, it could be the result of a stern and frustrated tour manager or Wilson's own demands. Regardless, it's interesting to juxtapose the expectations of an acclaimed artist with the realities of the small and scrappy Van Duzer Theatre. Here are some highlights (emphases their own):

"All hotels must be of a 5-star standard ... NEVER AT AN AIRPORT HOTEL." (Center Arts notes that the Red Lion in Eureka will have to suffice.)

"One Mercedes/BMW sedan (model year 2010)." (This has been crossed out by Center Arts staff to read, "One rental vehicle from Enterprise.")

Regarding Wilson's dressing room: "This is the environment Cassandra will prepare for her performances in your venue. Dirty carpeting and marked up walls are not acceptable. If necessary, cover them with suitable rugs and wall coverings or textiles. Please make the room comfortable, a place

Read all 96 contract riders
from Center Arts' 2014/2015
and 2015/2016 seasons online
at www.northcoastjournal.com.

that you would enjoy spending time in."

Inside, Wilson expects six China tea-cups with saucers and spoons, fresh cut flowers in a vase ("yellow roses a favorite"), glass ashtrays, scented candles and a variety of expensive wines, including Puligny-Montrachet and Veuve Clicquot Ponsardin. On stage, Wilson expects an Oriental rug. "MUST be clean with an attractive pattern; NOT a piece of carpet."

At the end of the day, Moore and Furshpan say the riders are essential for them to pull off a smooth show. They're "a list of details," roadmaps that keep the local crews from having to improvise and risk a grumpy artist or tour manager. Almost every detail of the riders — technical or hospitality — is worked out weeks ahead of the performance.

"It's rare that we've had any honest-to-god tantrums — though it has happened," Furshpan says. He wouldn't name names.

The music industry model has changed, Moore says, making artists more reliant on touring for income and, therefore, more reasonable when it comes to venues' obligations.

But touring artists are almost always accommodating of Center Arts' limitations and appreciative of the friendly and enthusiastic work Furshpan says the organization provides. Many of his crewmembers are students, eager to learn the ins and outs of stage production. "Two things we always hear," Furshpan says. "The crew was great," and, "What a great audience." ●



Table Talk



The proof is in the pudding (and the boozy cake).

[flickr.com/mealmakeovermoms](https://www.flickr.com/photos/mealmakeovermoms/)

'Tis But a Trifle

A Boxing Day tradition

By Louisa Rogers

tabletalk@northcoastjournal.com

The United States is one of the few ex-British colonies that never claimed the venerated holiday Boxing Day. Fools that we were! The day after Christmas is the perfect time for munching on leftovers, embarking on a massive jigsaw puzzle and enjoying a leisurely stroll in the park. True, we U.S. residents can still choose to loll around, holiday or not, but how much fun can it be if you have to sacrifice a vacation day? Wouldn't you prefer Dec. 26 to be a nationally mandated day off rather than subject to the whims of an employer?

Had we been part of the Commonwealth, we, too, might have adopted the holiday. It's celebrated not only in Britain, but in Canada, Australia, New Zealand, South Africa, Hong Kong, Kenya, Jamaica, Bermuda, Guyana, Trinidad, Tobago and Barbados.

Despite its name, the holiday has nothing to do with the sport. The origins of Boxing Day are hotly debated, but the most common guess is that Dec. 26 was the customary day in Victorian Britain when the manor servants, having waited on their masters all Christmas Day, would collect their yearly bonuses, gifts and leftover foods, delivered in boxes.

I asked family members and friends who live in Boxing Day cultures how they spend the day. My British niece wrote, "We enjoy leftovers and walk the dog. Then our family usually has a good old sing-song and may watch a Christmas comedy on the telly." Another niece who lives in England starts the day with a homemade breakfast of "bubble and squeak" (a traditional British dish using

Continued on next page »

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Table Talk

Continued from previous page

fried leftovers of Brussels sprouts, cabbage, carrots, potatoes and meat).

In Jamaica, my stepsister reported, "people continue eating and drinking with a picnic of Christmas leftovers on the beach. Plus, for 60 years, the Jamaica National Pantomime has opened on Boxing Day, so it's become a tradition for families to go to the theater."

From Britain to Canada to New Zealand, Boxing Day has become increasingly commercialized. In New Zealand, according to a friend, "All the major stores have big sales and a lot of people leave their Christmas shopping until then to take advantage of the bargains."

Since I'm married to a Brit, our custom has been to celebrate Boxing Day by hosting a gathering in honor of Barry's roots. I prefer inviting people over after Christmas rather than competing with all the social events that crowd the week before. In honor of the occasion, I make traditional sherry trifle, a layered dessert that I learned from my late Welsh mother-in-law, Eluned Davies Evans, known as "Lyn."

Lyn had many sterling qualities, but culinary sophistication was not one of them. The ingredients in her sherry trifle are not what you'd call "foodie." When guests ask what's in the trifle, I change the subject, but if you must know: yellow cake mix, canned fruit, and custard (occasionally even instant). Despite the humble ingredients, the combined outcome is nothing less than delicious, something to be savored. I'm told the longer it sits around, the better it tastes, but mine has never lasted long enough to test that theory.

In Victorian times, trifle was a way of using up leftovers. In an interview in *The New York Times*, British novelist Elizabeth Jane Howard said, "They took stale sponge cakes and leftover custard from the nursery, soaked the cakes in wine and poured on the custard ... and if there was some cream about, they poured it on top." Howard added, "Men in particular love trifle, I think because it's a perfect mixture of alcohol and the nursery."

The U-shaped structure of a trifle is always the same: down in the valley of the bowl (preferably glass, the better to see the layers), you assemble cubes of cake, coated with jelly and moistened with sherry; in the next stratum, cut fruit and custard, and finally, crowning the top, a thick blanket of snowy whipped cream.

You could, of course, go the gourmet

route and make your own pound cake and custard from scratch. Despite pangs of disloyalty, I do prepare my custard at home, but otherwise continue to show respect for the dead by following my mother-in-law's hallowed methods.

Lyn's English Sherry Trifle

Serves 6

Ingredients and method:

For the cake

1 package pound cake
2 eggs (to mix with package)
1/3 cup vegetable oil (to mix with package)

For the custard

2 eggs
2 cups milk
1 teaspoon vanilla
2 tablespoons corn starch
1/4 cup sugar
1/3 cup jelly
1/2 cup sherry or brandy
2 cups diced fruit (canned or fresh)
2 cups whipped cream

Prepare and bake the pound cake according to package directions, then leave it to cool.

When the cake is cool, spread the jelly over the surface of the cake.

Cut the cake into cubes and arrange them along the bottom and sides of a glass serving dish.

Moisten the cake by sprinkling it with the sherry or brandy. Arrange the cut fruit on top.

To prepare the custard, whisk the eggs, milk, vanilla and corn starch in a medium saucepan over medium heat. Whisking constantly, bring the pot to a boil and simmer for 2 minutes. Whisk in the sugar and continue whisking until it thickens. Set it aside to cool. Once it's completely cool, spoon the custard over the cake and fruit. Chill for several hours.

Whip the cream and chill it. Just before serving, top the trifle with whipped cream. Garnish with more fruit if desired. ●

Louisa Rogers can never decide whether her favorite inherited recipe is her mother-in-law's sherry trifle or her grandmother's frozen cheesecake. Good thing she doesn't have to choose.

Down and Dirty



Kill 'em all.
Flickr user Lee Haywood.

Happy Trails

Organic elimination of slugs and snails

By Heather Jo Flores

downanddirty@northcoastjournal.com

There is nothing more frustrating than bounding out to your garden in the morning to see your baby plants and discovering that they have been devoured by slugs and snails. A few simple tricks can help avoid these horrible moments.

Trigger warning: In this article I advocate for the massacre of large numbers of plant-eating mollusks. These methods are all organic and they work but, yeah, sorry PETA.

Iron Phosphate, aka Sluggo.

Sluggo and Escar-Go are the main two organic slug baits that contain iron phosphate and they can be found at any garden store. They are safe to use around pets, but non-organic slug bait is definitely NOT, so make sure you buy one of these two brands. The mollusks eat the bait, then they decompose into nutrition for your soil. These products aren't cheap, but they are organic and they work.

Keep your garden and greenhouse clean.

This especially goes for the greenhouse and nursery areas. All of those pots and tables make for a zillion places for slugs and snails to hide and breed. Get in there once a year and clean it all out well. Be

sure to flip tables over and check under the lip of every pot and tray. They are adept at hiding so the hunt is time well spent.

Keep an eye out for eggs.

When you're out in the garden, always be on the look out for the clusters of shiny white eggs. At the farm we used to call this "fool's caviar" because they almost look like they could be on a plate with some fancy crackers. Often they are just under the soil, pushed up against a small piece of bark or a rock. Smash them with your shoe or a garden trowel.

Beer traps.

You've probably heard this one before. I like making traps out of recycled salsa tubs. Cut the lid into a t-shape by removing four wedges and replace it on top. This makes it easy for the slugs to get in but also easy for you to carry the trap, dump and refill it. Fill the tub with beer and place in strategic locations throughout the garden, such as near piles of big mulch and around plantings of delicate annuals. All that beer can get expensive, so ask at the local bar if they'll give you the leftovers from the tap trap that they pour into a bucket every so often. We did this in our neighborhood and got more beer than we could handle.

Black pepper.

I have had excellent success with sprinkling tiny circles of black pepper around baby plants. The snails and slugs won't cross the line. Salt works, too, but I prefer pepper because it doesn't salinate the soil. This doesn't kill them, however, so the problem with this method is that the hungry mollusks will just go elsewhere and eat something else.

Wood and cardboard.

Lay down large pieces of wood and cardboard in parts of the garden that seem to have the most slugs and snails. An hour after sunrise, go out and flip the boards over to find a big, slimy slug party. Use a sharp knife to cut them all in half or smash them with your boot.

Citrus rinds.

Slugs and snails will crawl right up inside inverted citrus rinds placed in the garden. Then you can just scoop them up and throw them in your bucket of soapy saltwater.

Hunting.

Put on your headlamp and go hunting in the night. Look under mulch, wood and anything else that provides moist shade. Look in your garden beds for the iridescent trails and follow them to the source. A few days of diligence can make a huge difference.

Copper.

I have heard that copper wire stretched around garden beds will deter snails and slugs, but I haven't tried it. Sounds expensive.

Ducks love slugs.

They also love baby plants, berries and tiny vegetables, however, so graze your ducks in areas where perennials are well established rather than in annual vegetable beds.

Slime warning:

You probably don't want to pick up the slugs with bare hands, and the slime will quickly turn any pair of gloves into the grossest ones you own. Try using chopsticks or tongs instead. Or just skewer them with a sharpened stick. If you're not comfortable skewering them or slicing them with a knife, try just tossing them into a bucket of hot soapy saltwater. That will do the trick. Dump the nasty results somewhere outside of the garden though, because the soap and salt isn't good for your soil.

Good luck and happy hunting! ●

Heather Jo Flores wrote *Food Not Lawns*, *How to Turn Your Yard into a Garden* and *Your Neighborhood into a Community*. Visit www.heatherjoflores.com.

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Nahko & Medicine for the People plays Wednesday, Dec. 30 at the Mateel Community Center. \$30. Photo courtesy of the artist.

Connect More

Chit chat less

By Andy Powell

thesetlist@northcoastjournal.com

Allow me to take a quick moment here to thank Monica Topping for writing the Setlist these past two weeks while I was out of town. I am rarely out of town, and the few times that I am, I tend to bring work with me. So having some time off (a vacation I've heard it called) has been quite refreshing, and I owe part of this odd, fresh feeling to my editors and Ms. Topping. With that gratitude expressed, let me wander down a more misanthropic path; one that hopefully resolves on a more optimistic coda.

Not that it's important, but I write these words while sitting on an airplane hurtling toward California. As you may have inferred above, I don't fly often. Due to that, I quite forget how a bunch of people stuffed into an aerial metal tube carry on. Before I begin complaining about my fellow Icaruses (Icari?), I do realize that in light of our ability to enter the stratosphere and enjoy the gift of god-like flight, this should be taken with a grain of salt. What I am reminded of, however, is our general desire to connect with other people. This sounds quite generic and lovely, I know. It's a little less lovely when you are not the one connecting, but rather a forced spectator to another's blossoming connection in the row behind you. When you have to suffer through hours of the inane chit-chat, small-talk and never ending how-do-you-dos of two strangers

whose paths never again shall meet, it is completely understandable why the baby in row 24 is screaming its head off.

So I'm not as much of a "people person" as I used to be, but that's why they serve drinks on planes; to keep folks like me sedated. That's not to imply that connecting with someone — a stranger you'll never meet again — isn't worthwhile. Just keep it down and remember that your Al Pacino voice isn't always necessary when you're explaining your past cigarette addiction or fondness for salmon jerky to someone less than a foot away. For the rest of us, that's why we go to music shows. We get to become something greater than ourselves when the sound waves wash over us. It's still great in headphones, but it's nothing like the experience of the primal and rhythmic pulse rippling and spreading itself through the air as you and the crowd react and join voices during the chorus. The best part: If the band's loud enough, you won't have to hear someone jibber-jabber endlessly about how this winter sure is wintery and the detente or escalation of the War on Christmas.

Friday

Speaking of Christmas, should you need a break from the loving joy/madness of family, there are local musicians who are waiting for you and won't be asking for any of your leftover cash. At the Speak-

easy, catch the jazz and funk vibes of the **Eureka Pizza Council** holding down its Friday night spot at 8:30 p.m.

Also free and funky is **The Getdown**, who will be at the Blue Lake Casino and Hotel at 9 p.m. and playing late. Remind the kids that the least they could do for you — after converting your recent paychecks into toys they'll tire of in two weeks — is to let you have a night out.

Saturday

Blue Lake's got the action. You can sing along to hits from the '70s, '80s, '90s, and current millennium with **The Undercovers** at the Logger Bar. From Blondie to Gnarl Barkley, catch these fellows at 9 p.m. for free.

Down the way at the Blue Lake Casino and Hotel, Rohnert Park Casino blues-rockers **Twice as Good** will be giving one of our casinos a try. I'm unclear what they're twice as good as, but it's statistically feasible that there are many bands that are either half as good, or perhaps twice as bad as they are, so I buy it. The show is at 9 p.m. and twice as free.

Sunday

There's plenty going on as the weekend wraps up. You can check out guitarist and singer-songwriter **JD Jeffries** at Trinidad's Lighthouse Grill for free at 5 p.m.

Also free is **Jazz Night** at Blondie's in Arcata around 7 p.m., for you cool cats.

Apparently no bands want your money, as the **Deep Groove Society** will be playing for gratis at The Jam in Arcata at 9 p.m.

Tuesday

Buddy Reed is doing his thing for you as he does every Tuesday at Libation off

the Arcata Plaza. Thank the guy, he's doing it for no cover charge starting at 7 p.m.

Wednesday

Nahko & Medicine for the People — a fellow who sounds far more talented than his press agent — will be at the Mateel Community Center at 8 p.m. Playing to Humboldt County's fascinations with "exotic" and authentic cultures, the press release highlights Nahko's pride in his "Puerto Rican, Native American, [and] Filipino bloodlines." He was also "disillusioned by the world around him as a teenager," I am informed. At least everyone else has that in common. "Inspired by... Bob Dylan" it goes on. Well, that I can get behind. As someone pretending to be a writer writing about music, I am almost always uninterested in a musician's bloodlines or high-school moral awakenings. What the musician looks like... not interested. What the music sounds like... that's the good stuff. Anyway, I digress. He killed it last summer at Reggae on the River with his blend of hip-hop and folk-rock, so many are excited by his return. Joined by guest **Dustin Thomas**, tickets are \$30. Go pack the place, and welcome Nahko back to Humboldt.

Full show listings in the *Journal's* Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.

Andy Powell is a congenital music lover and hosts The Night Show on KWPT 100.3 FM weeknights at 6 p.m. He normally hides his crankiness better.



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Live Entertainment Grid

Music & More

ARCATA & NORTH

Eureka and South on page 24

Arcata • Blue Lake • McKinleyville • Trinidad • Willow Creek

VENUE	THUR 12/24	FRI 12/25	SAT 12/26	SUN 12/27	M-T-W 12/28-30
ARCATA THEATRE LOUNGE 1036 G St., 822-1220				Arthur Christmas (film) 6pm \$5, All Ages	[W] Sci-Fi Christmas ft. King of Kong Island 7:30pm Free w/\$5 food/bev, All Ages
BLONDIES 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free			Jazz Jam 6pm Free	[M] Trivia Night 7pm Free
BLUE LAKE CASINO WAVE LOUNGE 668-9770 777 Casino Way	Karaoke w/KJ Leonard 8pm Free	The GetDown (funk) 9pm Free	Twice As Good (blues) 9pm Free	Karaoke w/KJ Leonard 8pm Free	[W] Local Music Showcase 7pm Free
CENTRAL STATION 839-2015 1631 Central Ave., McKinleyville	Open Mic w/Jimi Jeff 8pm Free	Karaoke w/Rock Star 9pm Free			
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad		Triple Junction (rock, dance) 9pm Free	Pressure Anya (DJ music) 9pm Free	Karaoke w/DJ Marv 8pm Free	[T] Karaoke w/DJ Marv 8pm Free
CRUSH 825-0390 1101 H St., Arcata			Jim & John (acoustic) 6pm Free		
THE JAM 915 H St., Arcata 822-4766	The Xmas Eve GetDown 9pm Free			DGS Sundaze (EDM DJs) 9pm \$5	[T] Savage Henry Comedy 8pm \$5
LARRUPIN 822-4766 1658 Patricks Point Dr., Trinidad				Dogbone (feral jazz) 6pm Free	[W] The Whomp (DJs) 9pm \$5
LIBATION 761 Eighth St., Arcata 825-7596					[W] Aber Miller (jazz) 6pm Free
LIGHTHOUSE GRILL 355 Main St., Trinidad 677-0077				JD Jeffries (originals, mixed classics) 5pm Free	[T] Buddy Reed (blues) 7pm Free
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake			The Undercovers (covers) 9pm Free	Potluck (food) 6pm Free	
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					[W] Turtle Races 8pm Free
REDWOOD CURTAIN BREW 550 S G St. #6, Arcata 826-7222					[M] Dancehall Mondayz w/Rudelion 8pm \$5
RICHARDS' GOAT TAVERN 401 I St., Arcata 630-5000	Miniplex: N.Y. International Children's Film Festival 4pm \$6.50 007: On Her Majesty's Secret Service (film) 7pm \$5		Miniplex: N.Y. International Children's Film Festival 3:30pm \$6.50, The Wonders (film) 5pm \$6.50-\$8	Miniplex: N.Y. International Children's Film Festival 3:30pm \$6.50, The Wonders (film) 5pm \$6.50-\$8 Karaoke 9pm Free	[M] Open Bluegrass Jam 6pm Free
					[M] Miniplex: The Wonders (film) 7pm \$6.50-\$8 [T] Ritmos Latinos 8pm Free [W] Miniplex: The Wonders (film) 7pm \$6.50-\$8

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The Undercovers play Saturday, Dec. 26 at the Logger Bar. Free.

VENUE	THUR 12/24	FRI 12/25	SAT 12/26	SUN 12/27	M-T-W 12/28-30
SIDELINES 732 Ninth St., Arcata 822-0919	Rudelion Sound (DJ) 10pm TBA	DJ Music 10pm TBA	Sidelines Saturdays w/Rudelion 10pm TBA		
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville				Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8pm Free
TOBY & JACKS 764 Ninth St., Arcata 822-4198		Hip-hop DJs 9pm Free	DJ Music 10pm Free		[T] Bomba Sonido 10pm Free [W] Reggae Wednesdayz w/Rudelion 10pm Free



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Arcata and North on previous page
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BAR-FLY PUB 91 Commercial St., Eureka 443-3770		Bar-Fly Karaoke 9pm Free	Bar Fly Saturdays (DJ music) 10pm Free		[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO 11 Bear Paws Way, Loleta 733-9644	Karaoke w/Chris Clay 8pm Free	Christmas Day Dance Party (DJ music) 9pm Free	Mojo Rockers (blues, rock) 9pm Free		
BENBOW INN 445 Lake Benbow Drive 923-2124	Christmas Sing-along with Santa 5pm Free				
CALICO'S CAFE 923-2253 808 Redwood Drive, Garberville			Frisky Brisket (violin, guitar) 7pm Free	Jen Tal and The HuZBand (acoustic duo) 6:30pm Free	
CURLEY'S FULL CIRCLE 460 Main St., Ferndale 786-9696					[W] Open Mic Night 7pm Free
EUREKA INN PALM LOUNGE 518 Seventh St., 497-6093	Brian Post & Friends (jazz) 6pm Free, Salsa 9pm Free				[T] Anna Banana (blues comedy) 8pm Free [W] Comedy Open Mikey 9pm Free
FERNBRIDGE MARKET RIDGETOP CAFE 786-3900 623 Fernbridge Dr., Fortuna					[M] Open Mic 5:30pm Free
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6pm Free		Dale Winget (acoustic vocal) 6pm Free		
LIL' RED LION 1506 Fifth St., Eureka 444-1344			Karaoke w/DJ Will 9pm Free	Karaoke w/DJ Will 8pm Free	[T] Pool Tournament 7pm \$5
MATEEL COMMUNITY CENTER 59 Rusk Ln., Garberville 923-3368					[W] Nahko & Medicine For the People (hip-hop, reggae) 8pm \$30, \$25
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600				Hillbilly Gospel Jam 2pm-4pm Free	[W] Open Mic w/Mike Anderson 7pm Free
PEARL LOUNGE 507 Second St., Eureka 444-2017	Dirty Thursdays w/Gabe Pressure (DJ music) 9pm Free		Itchie Fingaz (DJ music) 10pm Free		
SHAMUS T BONES 191 Truesdale St., Eureka 407-3550		Friday Night Vibes (DJ music) 10pm Free	Saturday Nightlife w/Accurate Productions 10:30pm Free		
SHOOTERS OFF BROADWAY 1407 Albee St., Eureka 442-4131		Country & Rock Night w/ Accurate Productions 9pm Free		Karaoke Night w/Accurate Productions 9pm Free	

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THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778		Phantom Wave presents: The Haunt 9pm TBA			[T] Signals 8pm Free
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244		The Eureka Pizza Council (jazz) 8:30pm Free	Buddy Reed and the Rip It Ups (blues) 10pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] No Covers and USGGO (jazz) 7pm Free
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			

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Calendar

December 24 - December 31, 2015



Photo by Drew Hyland

In the mood for some Christmas duck? Take a lovely stroll through the **Arcata Marsh and Wildlife Sanctuary** on **Dec. 25 at 10 a.m.** for the **Christmas Day Marsh Walk** (free). The 90-minute walk is led by Jane and Richard Wilson and is perfect for all ages. Rain cancels. Meet at the South I Street parking lot.



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The **Eureka Rescue Mission's Christmas Dinner** on **Thursday, Dec. 24 from noon to 4 p.m.** (free) is a wonderful way to see and feel love in action. Sit down with others and enjoy a traditional holiday meal, and/or lend a hand dishing up holiday cheer. Donations of socks, underwear, jackets and food are always appreciated.



On Her Majesty's Secret Service

Join Telly Savalas, Diana Rigg and George Lazenby (and his chin dimple) in the Swiss Alps for perhaps the best Bond film ever (discuss among yourselves) when **007: On Her Majesty's Secret Service** screens **Dec. 24 at 7 p.m.** Richards' Goat Tavern & Tea Room (\$5).

Revelry before Resolution

New Year's Eve ... it's time for your last hurrah. Come Jan. 1, all your bad habits will be a thing of 2015, right? Riiight. No really, right. You mean it this year. Here's where you can tip your glass to Father Time and pinch Baby New Year on his little bottom for luck. And remember, should auld acquaintance be forgot and never brought to mind, make sure you designate a sober driver for the evening beforehand.

On Thursday, Dec. 31, the **Sapphire Palace** at **Blue Lake Casino** comes to glittering life when Portland's fabulous drag performers, **Caravan of GLAM**, take to the stage and take you through the decades. It's high-kicking fun. Pressure Anya provides the sounds with visual styling by Marmalade Sky. Show starts at **9 p.m.** (\$35 VIP, \$25).

The name of **Cher-Ae Heights Casino's** event at **9 p.m.** says it all: **Totally Awesome '80s New Year's Eve with Dr. Squid** (free). If you can't have a good time at this one, you should probably just stay home and watch the ball drop on TV with your cat. And your grandma.

Things get rip roaring at the 1920s-themed **New Year's Eve Glitter & Gold** party at **Bear River Casino** with party favors, a balloon drop and music by the Undercovers and Lighting Boom Productions (free).

Scotia Inn's ritzy shindig takes place from **7 p.m. to midnight** with appetizers, party hats, a jazz band, and a glass of bubbly on the house at midnight (\$25/person, \$45/couple).

What about the kids? They can have fun at the **RampArt New Year's Celebration** at **RampArt Skatepark** from **9 p.m. to 1 a.m.** (\$15). No Champagne toast, but plenty of live music, skating and good times.

And if you want to dance your way into 2016 as a family, head to **Redwood Raks** from **6 to 8 p.m.** for the **Family-Friendly New Year's Eve Party** complete with disco lighting, pot luck dinner, a balloon drop and a bouncy house (\$8).

See you next year.

— Kali Cozyris



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24 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

MOVIES

007: On Her Majesty's Secret Service (1969). 7-9:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. For true Bond aficionados. With George Lazenby in the tux and Telly Savalas in Blofeld's chair at SPECTRE. \$5. info@ldvflix.com. 630-5000.

N.Y. International Children's Film Festival. 4 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. Best of New York International's Children's Film Festival. \$6.50. www.richardsgoat.com.

FOR KIDS

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. Stories, crafts, songs and dance for children ages 3-5. Call ahead. \$5, \$3 members. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

FOOD

Eureka Rescue Mission Christmas Dinner. 12-4 p.m. Eureka Rescue Mission, 110 Second St. All are welcome for a traditional holiday meal, live music and fun for the family. Free. cjooffice@eurekarescuemission.org. 445-3787.

Fun Farmer's Market. 2-5 p.m. Mad River Brewing Company & Tap Room, 101 Taylor Way, Blue Lake. A market-style sale of food before the kitchen closes for remodeling from Dec. 25 to Jan. 6. www.madriv-erbrewing.com.

HOLIDAY EVENTS

Christmas Sing-along with Santa. Benbow Historic Inn, 445 Lake Benbow Drive, Garberville. Hit the high notes with Kris Kringle amid Toyland decorations. confirmations@benbowinn.com. www.BenbowInn.com. 923-2124.

SPORTS

Humboldt Ice Rink. 2016. Newburg Park, 2700 Newburg Road, Fortuna. Skate rental included. See website for schedule. \$12, \$8 kids. www.humboldticerink.com.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and fiber artists to socialize and work on projects. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

25 Friday

DANCE

World Dance. 8-10 p.m. St. Alban's Episcopal Church, 1675 Chester Ave., Arcata. Humboldt Folk Dancers sponsor teaching and request dancing. \$3. g-b-deja@sbcglobal.net. www.stalbansarcata.org. 839-3665.

OUTDOORS

Christmas Day Marsh Walk. 10 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. All ages and walking

speeds are welcome for this 90-minute tour with Jane and Richard Wilson. Rain cancels. Meet at the Klopp Lake parking lot at the end of South I Street. Free. 822-3475.

SPORTS

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

Humboldt Ice Rink. 2016. Newburg Park, 2700 Newburg Road, Fortuna. See Dec. 24 listing.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

26 Saturday

LECTURE

Farmer Winter Workshop: Human Resources. 1-5 p.m. Humboldt County Agriculture Center, 5630 South Broadway, Eureka. Dave Turner facilitates discussion of challenges with employees, internships and apprenticeships. Free. outreach@humfarm.org. 441-9999.

MOVIES

N.Y. International Children's Film Festival. 3:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Dec. 24 listing.

The Wonders. 5 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. A coming-of-age story and Grand Prix winner at Cannes. \$6.50-\$8. www.richardsgoat.com. 630-5000.

FOR KIDS

Story Time. Every other Saturday, 11 a.m. Rio Dell Library, 715 Wildwood Ave. Stories, songs and games for early readers and parents. Free. riohumml@co.humboldt.ca.us. 764-3333.

FOOD

Grange Breakfast. Fourth Saturday of every month, 7:30-11:30 a.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Eggs, sausage or ham, biscuits and gravy and coffee. \$5 suggested donation, \$3 for children 3 and up. www.facebook.com/humboldt.grange.

Winter Farmers Market. 10 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Farm fresh produce, rain or shine. On G and Eighth streets. Free. outreach@humfarm.org. www.humfarm.org. 441-9999.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Free. 826-2359.

Audubon Society Arcata Marsh Tour. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet the trip leader in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Free. www.rras.org/calendar.

SPORTS

Humboldt Ice Rink. Newburg Park, 2700 Newburg Road, Fortuna. See Dec. 24 listing.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See Dec. 25 listing.

ETC

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

27 Sunday

MOVIES

Arthur Christmas. 6 p.m. Arcata Theatre Lounge, 1036 G St. The 3D, CG-animated family comedy at last reveals Santa's exhilarating, ultra-high-tech operation hidden beneath the North Pole. \$5. www.arcatatheatre.com.

N.Y. International Children's Film Festival. 3:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Dec. 24 listing.

The Wonders. 5 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Dec. 26 listing.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

FOR KIDS

Lego Club. 12:30-2 p.m. Discovery Museum, 612 G St., Eureka. Lego fun for younger and older kids featuring Duplos and more complex pieces. Free with museum admission. redwooddiscoverymuseum@gmail.com. discovery-museum.org. 443-9694.

Pokemon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Food Not Bombs. 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. (503) 828-7421.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. \$2 practice, \$11 race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

Humboldt Ice Rink. Newburg Park, 2700 Newburg Road, Fortuna. See Dec. 24 listing.

ETC

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. Free. www.nugamesonline.com. 497-6358.

Redwood Coast Scrabble Club. 1-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Tiles, letters and triple-word scores, oh my! 677-9242.

28 Monday

DANCE

Let's Dance. 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dance to live music - standards, country and '70s. All welcome 50 yrs and older. \$4.

MOVIES

The Wonders. 7 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Dec. 26 listing.

Continued on next page »

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Submit your gigs online:
www.northcoastjournal.com

Calendar

Continued from previous page

MEETINGS

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

SPORTS

Humboldt Ice Rink. Newburg Park, 2700 Newburg Road, Fortuna. See Dec. 24 listing.

29 Tuesday

BOOKS

Grandparents and Books Storytime. 3-4:30 p.m. Fortuna Library, 753 14th St. Free.

FOR KIDS

Playgroup. 10-11:30 a.m. Discovery Museum, 612 G St., Eureka. Free play for kids 0-5. Regular admission for kids over 5. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokemon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Dec. 27 listing.

OUTDOORS

Slower-Speed Arcata Marsh Tour. Last Tuesday of every month, 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. A tour for attendees with mobility issues and those who are unable to keep up on regular walks. Meet at the first I Street parking lot (in from Samoa) of the Arcata Marsh. Free. 822-3475.

SPORTS

Humboldt Ice Rink. Newburg Park, 2700 Newburg Road, Fortuna. See Dec. 24 listing.

COMEDY

Savage Henry Comedy Night. 8 p.m. The Jam, 915 H St., Arcata. Local and out of town comedians bring the ha-has. \$5.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Community Choice Energy Program Open House. 6 p.m. Rio Dell and Scotia Chamber of Commerce, 406 Wildwood Ave. Learn about saving money on electrical bills and helping the environment through community choice aggregation. Sponsored by the Redwood Coast Energy Authority. Free.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw Street, Ferndale. Cards and pags.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

30 Wednesday

MOVIES

Sci Fi Christmas ft. King of Kong Island. 7:30 p.m. Arcata Theatre Lounge, 1036 G St. The Italo-Spanish

sci-fi foolishness bearing only a passing connection to *King Kong* is basically a vehicle for the frequently nude Esmerelda Barros. Free w/\$5 food or beverage purchase. www.arcatatheatre.com.

The Wonders. 7 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Dec. 26 listing.

MUSIC

Nahko & Medicine For the People. 8 p.m. Mateel Community Center, 59 Rusk Lane, Redway. Hip-hop, folk, roots rock. Dustin Thomas opens. \$30, \$25 advance. www.mateel.org.

FOR KIDS

Youth & Teen Study Group. 3-4:30 p.m. The Multi-Generational Center, 2280 Newburg Road, Fortuna. A quiet environment where students can receive extra help on homework, a snack and optional on-site tutoring. Free. lynea237@gmail.com. www.ervmgc.com. 725-3300.

Youth Family Activity Group. Last Wednesday of every month, 3:30-5 p.m. Post Adoption Services Project, 10 West Seventh St., Suite H, Eureka. Family activities for children ages 9 and up. Free. info@postadoptservices.com. www.postadoptservices.com. 476-9210.

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

SPORTS

Humboldt Ice Rink. Newburg Park, 2700 Newburg Road, Fortuna. See Dec. 24 listing.

COMEDY

Comedy Open Mikey. 9 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Hosted by Nando Molina with beats by Gabe Pressure. Free.

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. osslncrp@northcoast.com. www.baysidegrange.org. 444-2288.

31 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Dec. 24 listing.

MOVIES

The Wonders. 7 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Dec. 26 listing.

FOR KIDS

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. See Dec. 24 listing.

HOLIDAY EVENTS

Family-Friendly New Year's Eve Party. 6-8 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Enjoy a dance party with a bouncy house, potluck, balloon drop, disco lights, crafts and a chance to get down with your kids. \$8 family. www.redwoodraks.com. 616-6876.

NYE Motherlode, Object Heavy. 9 p.m. The Jam, 915 H St., Arcata. Free Champagne toast at midnight. www.jambalayaarcata.com.

New Year's Eve Glitter & Gold. 9 p.m. Bear River Casino

& Hotel, 11 Bear Paws Way, Loleta. Live music by the Undercovers, party favors and balloon drop. Also, music by Lighting Boom Productions. Free.

New Year's Eve Party. 7 p.m.-midnight. Scotia Inn, 100 Main St. Enjoy appetizers, party hats, a jazz band and a glass of complimentary Champagne. \$25/person, \$45/couple. www.thescotiainn.com.

New Year's Eve with Caravan of Glam. 9 p.m. Sapphire Palace, Blue Lake Casino, 777 Casino Way. Three hours of live entertainment from your the Portland drag performers. Music by Pressure Anya, visual stylings by Marmalade sky. \$35 VIP, \$25. www.bluelakecasino.com.

NYE Celebration with Absynth Quartet. 9:30 p.m. Humboldt Brews, 856 10th St., Arcata. The Trouble opens. Champagne toast at midnight. \$17-\$20. www.humboldtbrews.com.

RampArt New Year's Celebration. 9 p.m.-1 a.m. RampArt Skatepark, 700 South G St., Arcata. Live music, skating and midnight celebrations. \$15. rampartskatepark.org.

Totally Awesome '80s New Year's Eve. 9 p.m. Firewater Lounge, Cher-Ae Heights Casino, 27 Scenic Drive, Trinidad. Dance hits with Dr. Squid to ring in 2016. Free.

World Famous Fancy-Pants New Year's Eve Celebration. 9:30 p.m.-1:30 a.m. Arcata Theatre Lounge, 1036 G St. Performances by Librarian, Danny Corn and Zanafod. Also, a Fancy Pants dance off, visuals by Johnny Dumps, audio by Basscraft and complimentary Champagne toast. \$20 advance, \$15 limited online. www.worldfamousparty.com.

SPORTS

Humboldt Ice Rink. Newburg Park, 2700 Newburg Road, Fortuna. See Dec. 24 listing.

ETC

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. See Dec. 30 listing.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See Dec. 24 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Dec. 24 listing.

Heads Up This Week

Friends of the Arcata Marsh and Redwood Region Audubon Society are accepting entries for the Student Bird Art Contest. Deadline is Mar. 18. Call 826-7031.

Redwood Region Audubon Society is accepting entries for its Student Nature Writing Contest for students in grades 4-12 on "What Nature Means to Me." Deadline is Mar. 18. Call 826-7031.

Ferndale Rep offers a \$500 scholarship to a Humboldt County graduating senior pursuing a career in the performing arts. Application deadline is April 1, 2016. Visit www.ferndalerep.org/educate or email info@ferndalerep.org.

Humboldt International Film Festival is taking submissions until March 14, 2016 through the festival's website: www.hsufilmfestival.com/submit-a-film.

Humboldt Area Center for Harm Reduction seeks donations of clean and gently used coats, sleeping bags/blankets, socks, gloves and hats for its "Anything Warm" donation drive. For drop off locations, call 601-6221.

Low-cost firewood is available for income-eligible older adults. Call 443-9747 ext. 1241 for more information.

Volunteers wanted for Eureka VA clinic. Call 269-7502.

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Return to Youth

Sisters and Star Wars: The Force Awakens

By John J. Bennett

filmland@northcoastjournal.com

Reviews

SISTERS. Sadly, too many people have yet to figure out that women are funny. I was dumbstruck when *Bridesmaids* (2011) became a “surprise” hit; were we not all on the same page about the talents of Kristen Wiig, Maya Rudolph, et al? Apparently not. It’s this kind of exclusionary thinking that turns a movie like *Sisters*, which might have best worked as a springboard for new talent, into a star vehicle for two of the most prominent ladies in comedy. Tina Fey and Amy Poehler are deserving titans in the field, geniuses both. But in the case of *Sisters*, I wonder if their fame might actually be a liability, more hindrance than help in executing its comedy.

Maura (Poehler), the bookish, people-pleasing younger Ellis sister, has established herself in her career but is still reeling from her divorce. Kate (Fey), the hard-partying, man-eating older sister, can’t manage to hold a steady job, and her short-fuse/devil-may-care outlook has put her at odds with her teenage daughter Haley (Madison Davenport). Kate has lately conceived a brain child: She and Haley will move back into her parents’ house in Orlando and get back on their feet. The problem, of course, is that Mom and Dad (Dianne Wiest and James Brolin) have the house on the market, having already moved into a condo. Maura, aware of this but afraid to hurt her sister’s feelings, joins Kate for the trip back home. Once they get there, and Mom and Dad break the news, the Ellis sisters decide to use the house to revisit the debauchery of their high school glory days, throwing one last blow-out party before they leave home for good.

As one might expect, the party transitions from mundane Chardonnay sipping into destructive chaos. Dave (John Leguizamo), the party-animal-turned-homeless-career-alcoholic, brings over an ominous drug dealer named Pazuzu (John Cena). Alex (Bobby Moynihan), the class clown who can’t switch it off, inadvertently snorts some of Pazuzu’s wares and goes batshit crazy. Maura tries to hook up with the hunky handyman (Ike Barinholtz), while Kate is thrown into conflict with her old nemesis Brinda (Maya Rudolph). Lessons are learned.

Had this not been a Fey and Poehler showcase, I wonder if it would have leaned

into the comedy more, dialing back the important grown-up stuff. Don’t be mistaken, this is an R-rated comedy, but the adult content comes mostly in the form of forced F-bombs and vaguely naughty sexual references. Cena and Moynihan, who embrace the unchained aspects of their characters, each have standout moments. Unlike the movie’s headliners, these two act like they have nothing to lose, embracing the darkness of a comedy about trying to recapture youth and put aside decades of repression, inhibition and regret. That’s where the real comedy lies in this scenario. The finished product, while often funny enough, lacks the bite and potency suggested in some of its scenes. It feels compromised, a de-clawed version of itself made safe for a wider audience. *R. 118M. BROADWAY, FORTUNA, MILL CREEK.*

STAR WARS: THE FORCE AWAKENS. I almost didn’t see this. You can ask my editor about my knock-kneed, mid-weekend text messages and lame attempts at avoidance. And before you bring out the torches and pitchforks — I, too, love *Star Wars*. Of course I do. I spent many a Christmas vacation watching the originals on loop on one of the Turner networks. I bristled at the re-releases, with their superfluous digital additions. I foolishly waited in long lines for the prequels. So yeah, I’m right there with you. And I think J.J. Abrams is a fine popular-artist, a genuine fan of the material — an excellent choice to rejuvenate the franchise.

In the last couple of weeks, though, Disney’s marketing blitzkrieg has put me off. Even without cable, I’ve already seen enough *Star Wars* tie-in commercials to erode my sanity. (What do Fiats have to do with a galaxy far, far away?) That, the maniacal super-fan furor and the buzz about it possibly becoming the biggest grossing movie of all time kind of made me want to just stay home. Part of the reason we love *Star Wars* so much is because it’s a scrappy under-dog, a Western romance set in space that, on paper, never should have become what it did. It defied the same odds that Disney has now wielded its considerable power to rig. It bought the goddamn casino.

As much as the advertising onslaught made me resist the allure of *The Force Awakens*, I have to admit it has a few sig-

Drink when you see
Star Wars tie-in
marketing.



nificant things going for it. Abrams’ script (co-written with OG Lawrence Kasdan) is nimble and funny and offers some fun surprises. The writing and visual style of the piece are almost too faithful to the original trilogy, but that serves as a welcome break from the hand-held, digitally dressed norm of contemporary science fiction. And the cast, particularly leads John Boyega and Daisy Ridley, give compelling, sympathetic performances. Plus Han and Chewbacca (I’m not a monster). *PG-13. 135M. BROADWAY, MILL CREEK, FORTUNA, MINOR.*

— John J. Bennett

For showtimes, see the Journal’s listings at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456.

Previews

CONCUSSION. Will Smith plays a real-life forensic pathologist who discovers, to the NFL’s chagrin, how hits and tackles are messing with football players’ heads. *PG-13. 123M. BROADWAY, MILL CREEK.*

DADDY’S HOME. Will Ferrell plays a stepdad battling bio-dad from Hell Mark Wahlberg for his kids’ affections. *PG-13. 96M. BROADWAY, FORTUNA, MILL CREEK.*

THE DANISH GIRL. Eddie Redmayne is generating award-season buzz for his portrayal of a transgender man in 1920s Europe. *R. 172M.*

JOY. Jennifer Lawrence as the woman who launched a thousand mops in David O. Russell’s family/entrepreneurial saga. With Bradley Cooper and Robert De Niro. *PG-13. 124M. BROADWAY, MILL CREEK, MINOR.*

POINT BREAK. We live in a post-Swayze world, brah. Edgar Ramírez dons surfer/bank robber Bodhi’s neoprene and bromances Luke Bracey as undercover Fed Johnny Utah. *PG-13. 113M. BROADWAY, MILL CREEK, FORTUNA.*

Continuing

ALVIN & THE CHIPMUNKS: ROAD CHIP. The singing rodents you can either

stand or you can’t are out to thwart the romance of their handler Dave (Jason Lee) and keep the band together. *PG. 86M. BROADWAY, MILL CREEK, FORTUNA.*

CREED. Not just a bum from the neighborhood. The franchise makes a comeback with fine performances from Michael B. Jordan and a touching Sylvester Stallone. *R. 101M. BROADWAY.*

THE GOOD DINOSAUR. Animated interspecies buddy movie set in an alternate universe in which dinosaurs and humans coexist. With Jeffrey Wright and Frances McDormand. *PG. 100M. BROADWAY.*

HUNGER GAMES: MOCKINGJAY PART 2. The last nail in the franchise’s coffin is so dull you may have to fight your way to the exits. *PG-13. 136M. BROADWAY.*

IN THE HEART OF THE SEA. Ron Howard’s Melville moment has Chris Hemsworth as first mate on a ship beset by an angry whale. It’s visually thrilling but the rest is the same old fish story. *PG-13. 121M. BROADWAY.*

KRAMPUS. An entertaining holiday horror with the Christmas spirit and a spirited cast. Toni Colette and Adam Scott star. *PG-13. 98M. BROADWAY.*

— Jennifer Fumiko Cahill

MOVIES & EVENTS

Dec 25 - Dec 30 • • • • •

Happy Holidays from the Arcata Theatre Lounge!

Sun Dec 27 – Arthur Christmas (2011), Doors @ 5:30 PM, Movie @ 6 PM, Film is \$5, Rated PG.

12/30 – Sci Fi Night ft. King of Kong Island (1968), Doors @ 6 p.m. All ages, Free w/\$5 food & bev purchase.

Arcata Theatre Lounge

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Many classes require pre-registration.

Arts & Crafts

POTTERY CLASSES AT FIRE ARTS. Next session January 4 - March 12, 2016 Full schedule of classes @ fireartsarcata.com or call 707-826-1445 Sign up today! 520 South G Street in Arcata (AC-1224)

ART CLASSES @ PLUM BLOSSOM STUDIO Individualized visual arts education for kids. Beg. water-color for adults. Schedules visit www.thaoart.biz

Communication

SCHINDLER SURVIVOR FEATURED AT LIFETREE CAFÉ The story of Oskar Schindler's youngest Holocaust survivor will be presented on Sunday, December 27 at 7 p.m. The program features a Lifetime exclusive: a film of Leon Leyson, who was 13 years old when Schindler put him to work in his enamelware factory near Krakow, Poland. Because of his short stature, Leyson stood on a wooden box so he could reach the handles on the machinery. Lifetree's Thom Schultz, who conducted the interview, said Leyson revealed portions of his story he had not shared before. "Leyson's story and his colorful characterization of Oskar Schindler provide a riveting peek into a horrific chapter of history," Schultz said. Lifetree Café is a Free Conversation Café - Snacks and Beverages. Located on the Corner of Union and 13th, Arcata. 707 672 2919 or bobbipert@hotmail.com or www.lifetreecafe.com (C-1224)

THE ART OF THE AUDITION 4 part acting class series Tuesdays in January at the MGC. Contact ahennessy@ervmgc.com for info. (C-1231)

Computer

COLLEGE OF THE REDWOODS-COMMUNITY EDUCATION IN GARBERVILLE PRESENTS GETTING STARTED WITH COMPUTERS Tues & Thurs 6P-8P Feb 9-March 10 2016 Fee: \$110 Includes textbook, 286 Sprowel Creek Rd Garberville Instructional Site. This course is a basic computer skills development designed for students who have little to no experience using a personal computer. Call 707-476-4500 for information (C-1224)

Dance/Music/Theater/Film

BALLET FOR FITNESS IS BACK! Open to any adult of any skill level, even for those who have never danced before. This is the ideal class for those who have always wanted to dance but never had the chance. This is a super fun class and with your posture and alignment. No leotard required! Jan. 21 -Feb 25, 6-7:30PM at the CR Main Campus Fee: \$75 Thursday evenings call 707-476-4500 to register (V-1224)

DANCE WITH DEBBIE: Remember the innocence of dancing when you were little? Remember moving to the music and just feeling the joy of dancing? That's what we work on recapturing. We are your ballroom dance experts, offering group and private lessons in a non-threatening environment. (707) 464-3638, debbie@dancewithdebbie.biz (D-1231)

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning, Instrument repair. Digital multi-track recording. (707) 382-9468. (DMT-0225)

REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, (707) 616-6876 shoshannaRaks@gmail.com (DMT-1231)

STEEL DRUM CLASSES. Beginning Classes Level 1 Fri's. 10:00-11:00a.m, Level 2 Fri's. 11:00-12:00p.m. Intermediate Thu's., 6:30-7:30p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-1231)

WEST AFRICAN DANCE W/ LIVE DRUMMING. Tues.'s, All Level Class, 5:30 p.m -7 p.m. Thurs.'s Beginning/Breakdown, 7 p.m.-8 p.m., Redwood Raks Dance Studio, Arcata. Facebook Arcata West African Dance or contact Heather (707) 834-3610. (DMT-1231)

Fitness

DRAGON HEART TANG SOO DO AT PRESBYTERIAN CHURCH ON G ST. Tuesday and Thursday classes - kids 4-5pm, adults 5:30-7:30pm. Call Master Becky Rupp 707-923-2886. (W-0225)

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-1231)

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-1231)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-1231)

T'AI CHI WITH MARGY EMERSON At 1049 C Samoa Blvd., Arcata (K St. & Samoa). 10-week term starts January 12. Two programs for beginners: T'ai Chi for Back Pain and Arthritis and Traditional Long Form Wu Style. Chen style and Combined 42 Forms are ongoing. Daytime and evening classes. Begin as late as the third week. Visit a class with no obligation to pay or enroll. For details: www.margaretemerson.com or 822-6508. (W-0114)

Kids & Teens

POTTERY CLASSES AT FIRE ARTS. Next session January 4 - March 12, 2016 Full schedule of classes @ fireartsarcata.com or call 707-826-1445 Sign up today! 520 South G Street in Arcata (KT-1224)

Lectures

"A TRIP TO THE NUMBER YARD A FUN AND EASY GUIDE TO THE MATH YOU NEED FOR CONSTRUCTION AND NOTHING ELSE" taught by Alan Cook helps participants become more valuable on their construction teams or strengthen their math skills increase success on a project and in their career. Mon & Wed, Jan 25-Feb 3rd 3-11am Fee: \$160 includes textbook. Call 707-476-4500 to register (V-1224)

FOUNDATIONS FOR FUNDRAISING. Gain a comprehensive overview of nonprofit fundraising. Course 1 in the 4-course New Designs for Fundraising Certificate program. With Beth Bray. Meets online Jan. 19- Feb. 12. Fee: \$195. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/fundraisingcertificate. (L-0107)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1225)

POTTERY CLASSES AT FIRE ARTS. Next session January 4 - March 12, 2016 Full schedule of classes @ fireartsarcata.com or call 707-826-1445 Sign up today! 520 South G Street in Arcata (50-1224)

Spiritual

ANNUAL NEW YEAR'S VAJRASATTVA RETREAT WITH LAMA GERRY PRINDIVILLE at Rangjung Yeshe Gomde CA in Legget Dec. 27 - Jan. 3. \$350 includes meals. Visit gomdeusa.org. (S-1224)

ARCATA ZEN GROUP MEDITATION. Beginners welcome. **ARCATA:** Sunday 7:55 a.m., Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. For more info. call (707) 826-1701 or visit arcatazengroup.org **EUREKA:** Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more info. call (707) 845-8399 or visit barryevans9@yahoo.com. (S-1224)

SELF-MASTERY: WHO YOU ARE LEADS. Increase self-awareness and appreciation of your strengths so that you can make more conscious and considered choices about how to be as constructive as possible in your words and actions in everyday and difficult interactions. With Roger James and Mary Gelinas, Thurs. & Fri., Jan. 21-22, 9 a.m.-5 p.m. Fee: \$400. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/loc. (S-0107)

HUMBOLDT UNITARIAN UNIVERSALIST FELLOW-SHIP. We are here to change lives with our love. . Services at 9am and 11am on Sunday. Child care is provided at 9am. Childrens religious education is at 11am. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-1224)

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m, Community Yoga Center 890 G St, Arcata. Contact Lama Nyugu (707) 442-7068, Fierro_roman@yahoo.com, www.kdkarcatagroup.org (S-1231)

SPIRIT TALK WITH REV. DIANE. All are welcome to join Rev. Diane Decker, Minister of Religious Science, for Science of Mind Spiritual Discussion, Meditation and Affirmative Prayer. Gathering every Mon. 7 p.m-8 p.m., Isis Suite 48, Sunny Brae Center. Donations welcome. (707) 502-9217 (S-1231)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240
www.tarotofbecoming.com (S-1231)

UNITY OF THE REDWOODS. Join us at Unity Church of the Redwoods, where love is felt, truth is taught, lives are transformed, and miracles happen. Services begin each Sun. at 11 a.m. 1619 California St., Eureka. Please stay for snacks and conversation after service. (707) 444-8725 (message), www.unityoftheredwoods.org (S-1231)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-1231)

FREE DEPRESSION SUPPORT GROUP. Walk-in support group for anyone suffering from depression. Meet Mon's 6:30 p.m -7:45 p.m, at the Church of the Joyful Healer, McKinleyville. Questions? Call (707) 839-5691. (TS-1231)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-1231)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0421)

Wellness & Bodywork

MEDITATION RETREAT. This one-day meditation retreat is designed to raise your life-force energy and attune you to a higher level of being. With David Sandercott. Meets Sat., Jan. 9, 10:30 a.m.-5 p.m. Fee: \$40. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (W-1231)

INTRODUCTION TO AYURVEDA. at Moonrise Herbs with Traci Webb. 3 Tuesdays, Jan 19-Feb 2, 6:30-9:15pm, Nutrition, Doshas, Aromatherapy & Home Remedies w/Take-homes!, \$108 (early reg. saves). 8 CEUs. Register at Moonrise Herbs or @: www.ayurvedicliving.com, Call: (707) 601-9025 (W-0114)

MASSAGE SCHOOL INFORMATION NIGHT AT ARCATA SCHOOL OF MASSAGE. Free introductory lesson and discussion about massage school. Tuesday, January 12 at 5 p.m. Visit arcatamassage.com or call (707) 822-5223 for info.. (W-0128)

10-MONTH AYURVEDIC LIVING PROGRAM. W/ Traci Webb, @ NW Institute of Ayurveda, Part of Nationally Approved Ayurveda Certificate Program, Meets 1 wkend + 3 wkdays/mo, Starts March 4 (Deadline: Feb. 21), Nutrition, Herbs, Meditation, Yoga, Essential Oils, Colors, 54 CEUs. Prerequisite: "Ayurvedic Self-Care & Cooking" (see listing), Register: www.ayurvedicliving.com, (707) 601-9025 (W-0218)


AROMATHERAPY TRAINING PROGRAM. Hands-on "Do it Yourself" Immersion & Essential Oil Distillation @ NW Institute of Ayurveda, w/Traci Webb & Guests, Learn 125 Essential Oils, Make 20+ Products, March 4-6 & 18-20 (Deadline: Feb. 21), 36 CEUs. \$799 (early reg. saves). Register: www.ayurvedicliving.com, (707) 601-9025 (W-0218)

AYURVEDIC MASSAGE PROGRAM. w/Traci Webb @ NW Institute of Ayurveda, Asian Body Therapies, Marma Points, Essential Oils, Herbs, April 20-June 19, (Deadline: March 21), Prerequisite To: "Panchakarma Therapist Program", 112 CEUs. Register: www.ayurvedicliving.com, (707) 601-9025 (W-0317)

AYURVEDIC SELF-CARE & COOKING IMMERSION. with Traci Webb at NW Inst. of Ayurveda. Feb. 19-21, Enjoy Daily Yoga, Self-Care & Lunch!, Prerequisite To: 10-Month Ayurvedic Living Prog. (see listing) \$250 (early reg. saves). 24 CEUs. Register: www.ayurvedicliving.com, (707) 601-9025 (0218)

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Dandelion Herbal Center classes with Jane Bothwell. Beginning with Herbs. Jan. 13 - March 9, 2016, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. 10-Month Herbal Studies Program. Feb. - Nov. 2016. Meets one weekend per month with several field trips. Learn in-depth material medica, therapeutics, flower essences, wild foods, formulations and harvesting. Medicinal Cannabis Conference. April 23-24, 2016. Presenters are international, national and local experts that will utilize substantiated research and experience to advance your knowledge base on Cannabis to the next level! Register online www.dandelionherb.com or call (707) 442-8157. (W-0114)

YOGA IN FORTUNA THURS 9:30AM - 10:45AM W/LAURIE BIRDSONG. Multigenerational Center 2280 Newburg Rd. Breathe, stretch, strengthen the body, calm the mind. All levels. \$11 drop-in or 6 class pass \$57. Scholarships avail. info Laurie 362-5457 (W-1231)



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NOTICE OF PETITION TO ADMINISTER ESTATE OF ISAAC LELAND MOXON, JR. CASE NO. PR150299

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, Isaac Leland Moxon, Jr. A PETITION FOR PROBATE has been filed by Petitioner, Dona Marie Moxon

In the Superior Court of California, County of Humboldt. The petition for probate requests that Dona Marie Moxon be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on January 7, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court

clerk. ATTORNEY FOR PETITIONER: Catherine M. Koshkin, Esq. Koshkin Law Firm 1116 Eleventh Street Arcata, CA 95521 (707) 822-2800 Filed: December 2, 2015 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT 12/10, 17, 24 (15-252)

NOTICE OF PETITION TO ADMINISTER ESTATE OF STANLEY BUD SONBERG AKA STANLEY B. SONBERG AKA STANLEY SONBERG CASE NO. PR150313

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, STANLEY BUD SONBERG AKA STANLEY B. SONBERG AKA STANLEY SONBERG A PETITION FOR PROBATE has been filed by Petitioner, Barney Barnhart In the Superior Court of California, County of Humboldt. The petition for probate requests that Barney Barnhart be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on January 14, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California

statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: Bradford C. Floyd Floyd Law Firm 819 Seventh Street Eureka, CA 95501 (707) 445-9754

Filed: December 17, 2015 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

12/24, 12/31, 1/7 (15-256)

In the Superior Court of the State of California in and for the county of El Dorado South Lake Tahoe Division

Estate of Brett Russell Cassidy, Deceased
Case No: SP20130033
Notice of Private Sale of Real Property
Notice is Hereby Given that the administrator of the estate of Brett Russell Cassidy, deceased, will sell at private sale the highest and best bidder on the terms and conditions mentioned below and subject to confirmation by the above designated court, all right, title, interest, and estate of the decedent, at the time of decedent's death and all right, title and interest that the estate has acquired, by operation of law or otherwise, other than, or in addition to, that of the decedent at the time of death, and in and to the real property, commonly designated as 93 Steelhead Court, Shelter Cove, Humboldt County, California, Assessor's Parcel No. 111-23 231-24-000, and legally described as follows: Lot 21. Block 106. Tract No. 42. (Shelter Cove Subdivision). according to the map thereof on file in the Office of the County Recorder of Humboldt County, California, in Book 14 of Maps. Pages 73 to 138, inclusive, and Amended Map filed in Book 15 of Maps. Pages 64 to 116, inclusive. Excepting Therefrom all the water and water rights in, under or flowing over said land or appurtenant thereto. Also Excepting Therefrom 50% of all oil, gas and other mineral and hydrocarbon substances below a plane of 500 feet beneath the surface thereof, but without the right of surface entry. Being the same "as reserved by the Bank of California National Association, a national banking association, as Trustee, in Deed recorded August 23, 1976, Book 1361, Official Records, Page 580. Bids or offers are invited for the property and must be in writing, sealed, and received at the office of

Feldman McLaughlin Thiel LLP, Attn: Michael J. McLaughlin, attorneys for the administrator, at 178 U.S. Highway 50, suite B, Zephyr Cove, NV 89448 (if by personal or overnight delivery) or at Post Office 1309, Zephyr Cove, NV 89448 (if by U.S. Mail) at any time after first publication of this notice and before any sale is made. Bids will be opened at the office of Feldman McLaughlin Thiel LLP, at 10:00 a.m. on January 8, 2015. The property will be sold subject to current taxes, covenants, conditions, restrictions, reservations, right, rights of way, easements and encumbrances of record. The property will be sold on an "as is" basis, except for title. The property will be sold for cash or equally-available funds only. The administration reserves the right to reject any and all bids. Dated: December 14, 2015
Feldman McLaughlin Thiel LLP
By: Michael J. McLaughlin, Esq.
Attorneys for Petitioner

12/24, 12/31, 1/7 (15-258)

Superior Court of California
County of Humboldt
In the Matter of: KAMRYN MICHELLE MIRKIN, A Minor child who should be declared free from the custody and control of her father
Case #AD 15 0042
Amended Citation: Freedom from Parental Custody and Control (Abandonment)
THE PEOPLE OF THE STATE OF CALIFORNIA
To: Alexander Blaker Mirkin
By order of this court you are hereby advised that you may appear before the judge presiding in Department #6 of this court on 1/25/2016 at 8:30am, then and there to show cause, if any you have, why Kamryn Mirkin should not be declared free of your custody and control for the purpose of freeing Kamryn Mirkin for stepparent adoption. The following information concerns rights and procedures which relate to this proceeding for termination of custody and control of Kamryn Mirkin as set forth in Sections 7860-7864 of the Family Code:
(1) At the beginning of the proceeding, the court will consider whether or not the interest of Kamryn Mirkin require the appointment of counsel. If the court finds that the interests of Kamryn Mirkin do require such protection, the court will appoint counsel to represent her, whether or not she is able to afford consent. Kamryn Mirkin will not be present in court unless she so requests or the court so orders.
(2) If a parent of Kamryn Mirkin appears without counsel and is unable to afford counsel, the court must appoint counsel for the parent, unless the parent knowingly and intelligently waives the right to be represented by counsel. The court will not appoint the same counsel to represent both Kamryn Mirkin and her parent.

(3) The court may appoint either the public defender or private counsel. If private counsel is appointed, he or she will receive a reasonable sum for compensation and expenses, the amount of which will be determined by the court. That amount must be paid by the real parties in interest, but not by the minor, in such proportions as the court believes to be just. If, however, the court finds that any of the real parties in interest cannot afford counsel, the amount will be paid by the county.
(4) The court may continue the proceeding for not more than 30 days as necessary to appoint counsel and to enable counsel to become acquainted with the case. Dated December 17, 2015
Kim M. Bartleson, Clerk
By: Natasha S, Deputy Clerk

12/24, 12/31, 1/7, 1/14 (15-257)

**SUMMONS (Family Law)
NOTICE TO RESPONDENT:
Franklin Jake, Jr.**
YOU ARE BEING SUED.
Lo estan demandando.
PETITIONER'S NAME IS: NOMBRE DEL DEMANDANTE: Patricia Jake
CASE NUMBER: (NUMERO DE CASO): FL140046
You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (Form FL-120 or FL-123) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advise, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp) at the California Legal Services Web Site (www.lawhelpca.org) or by contacting your local county bar association.
Tiene 30 dias de calendario despues de haber recibido la entrega legal de esta Citacion y Peticion para presentar una Respuesta (formulario FL-120 FL-123) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefonica no basta para protegerlo.
Si no presenta su Respuesta a tiempo, la corte puede dar ordenes que afecten su matrimonio o pareja de hecho, sus bienes y las custodia de sus hijos. La corte tambien le puede ordenar que pague manutencion, y honorarios y costos legales.
Para asesoramiento legal, pongase en contacto de inmediato con un abogado. Puede obtener informacion para encontrar un abogado en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en el sitio Web de los Servicios Legales de California (www.lawhelpca.org) o poniendose en contacto con el colegio de abogados de su

condado.
NOTICE: RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.
AVISO: LAS ORDENES DE RESTRICCIÓN SE ENCUENTRAN EN LA PAGINA 2: Las ordenes de restricción estan en vigencia en cuanto a ambos conyuges o miembros de la pareja de hecho hasta que se despida la peticion, se emita un fallo o la corte de otras ordenes. Cualquier autoridad de la ley que haya recibido o visto una copia de estas ordenes puede hacerlas acatar en cualquier lugar de California.
FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for yourself or for the other party.
EXENCION DE CUOTAS: Si no puede pagar la cuota de presentacion, pida al secretario un formulario de extension de cuotas. La corte puede ordenar que usted pague, ya sea en parte o por completo, las cuotas y costos de la corte previamente exentos a peticion de usted o de la otra parte.
The name and address of the court are (El nombre y direccion de la corte son):
Superior Court of California, County of Humboldt
825 5th Street
Eureka, CA 95501
The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are (El nombre, direccion y numero de telefono del abogado del demandante, o del demandante si no tiene abogado, son):
Patricia Jake
3458 G Street
Eureka, CA 95503
Date: January 28, 2014
s/Chip Carpenter Deputy (Asistente)

12/24, 12/31, 1/7, 1/14 (15-259)



FICTITIOUS BUSINESS NAME STATEMENT 15-00692
The following person is doing Business as **ZAMORA'S FURNITURE**
Humboldt, 601 I St., Arcata, CA 95521
Carl E Scoles
2131 Union St., Eureka, CA 95501
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Carl Scoles
This statement was filed with the County Clerk of Humboldt County on December 9, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abrams

12/17, 12/24, 12/31, 1/7 (15-254)

FICTITIOUS BUSINESS NAME STATEMENT 15-00669
The following person is doing Business as **PURE LIFE FARMS**
Humboldt, 1720 11 St., Arcata, CA 95521
PO Box 100, Arcata, CA 95518
Joshua P Paik-Nicely
1720 11 St., Arcata, CA 95521
Maria F. Alfaro-Jimenez
1720 11 St, Arcata, CA 95521
The business is conducted by A Married Couple.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Joshua P. Paik-Nicely, Owner
This statement was filed with the County Clerk of Humboldt County on November 24, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abrams

12/3, 12/10, 12/17, 12/24 (15-242)

FICTITIOUS BUSINESS NAME STATEMENT 15-00655
The following person is doing Business as **HUMBOLDT SPA**
Humboldt, 601 5th St, Eureka, CA 95501
Eureka Wellness & Beauty, 46-2088864
601 5th St., Eureka, CA 95501
The business is conducted by A Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Amelia Pelz, President
This statement was filed with the County Clerk of Humboldt County on November 16, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: M. Morris

12/3, 12/10, 12/17, 12/24 (15-241)

FICTITIOUS BUSINESS NAME STATEMENT 15-00661
The following person is doing Business as **TENDER TREE BIRTH SERVICES**
Humboldt, 10 Spruce St., Eureka, CA 95503
Kimberly E Conlin
10 Spruce St, Eureka, CA 95503
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Kimberly E. Conlin
This statement was filed with the County Clerk of Humboldt County on November 18, 2015
A. Abrams
Humboldt County Clerk
By: A. Abrams

12/3, 12/10, 12/17, 12/24 (15-244)

FICTITIOUS BUSINESS NAME STATEMENT 15-00667
The following person is doing Business as **BIEN LIMPIO**
Humboldt, 560 A Park Ave., Arcata, CA 95521
Diego A Arevalo
560 A Park Ave, Arcata, CA 95521
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Diego Arevalo, Sole Proprietor
This material matter was filed with the County Clerk of Humboldt County on November 23, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abrams

12/3, 12/10, 12/17, 12/24 (15-243)

FICTITIOUS BUSINESS NAME STATEMENT 15-00693
The following person is doing Business as **ANCIENT ALCHEMY**
Humboldt, 1059 Hays Rd, McKinleyville, CA 95519
Jennifer L Clayton
1059 Hayes Rd, McKinleyville, CA 95519
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Jennifer Clayton
This statement was filed with the County Clerk of Humboldt County on December 10, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abrams

12/17, 12/24, 12/31, 1/7 (15-253)

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FICTITIOUS BUSINESS NAME
STATEMENT 15-00673

The following person is doing Business as **ORIGINS**
Humboldt, 920 Samoa Blvd Suite 215, Arcata, CA 95521
Tyson J Cramer
3840 Soule St., Eureka, CA 95503
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Tyson Cramer, Owner
This statement was filed with the County Clerk of Humboldt County on November 30, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: S. Carns

12/3, 12/10, 12/17, 12/24 (15-246)

FICTITIOUS BUSINESS NAME
STATEMENT 15-00685

The following person is doing Business as **NAKID IMAGINATION**
Humboldt, 3490 Lk Wood Blvd Apt D, Arcata, CA 95521
Andrew D Kovanis
3490 Lk Wood Blvd Apt D, Arcata, CA 95521
Amanda K Kovanis
3490 Lk Wood Blvd Apt D, Arcata, CA 95521
The business is conducted by A Married Couple.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Andrew Kovanis
This statement was filed with the County Clerk of Humboldt County on December 3, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abrams

12/17, 12/24, 12/31, 1/7 (15-255)

FICTITIOUS BUSINESS NAME
STATEMENT 15-00687

The following person is doing Business as **SHEAR DESIGNS**
2151 Harrison Ave, Eureka, CA 95501
Mary L. Glavich
1585 Fern Drive, Eureka, CA 95503
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Mary L. Glavich, Owner
This statement was filed with the County Clerk of Humboldt County on December 4, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abrams

12/10, 17, 24, 31 (15-251)

ORDER TO SHOW CAUSE FOR
CHANGE OF NAME
MATTHEW JAMES GOEHRING
CASE NO. CV150886
**SUPERIOR COURT OF
CALIFORNIA, COUNTY OF
HUMBOLDT 825 FIFTH ST.
EUREKA, CA. 95501**

PETITION OF:
MATTHEW JAMES GOEHRING
TO ALL INTERESTED PERSONS:
Petitioner: **MATTHEW JAMES GOEHRING**
for a decree changing names as follows:
Present name
MATTHEW JAMES GOEHRING
to Proposed Name
MATTHEW JAMES JOHNSON
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: February 1, 2016
Time: 1:45 p.m., Dept. 8
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: December 15, 2015
Filed: December 15, 2015
/s/ Dale A. Reinholtsen
Judge of the Superior Court

12/24, 12/31, 1/7, 1/14 (15-260)

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NOTICE OF TRUSTEE'S SALE

ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY IS APPLICABLE TO THE NOTICE PROVIDED TO THE TRUSTOR ONLY]

NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED

注：本文件包含一个信息摘要
참고사항: 본 첨부 문서에 정보 요약서가 있습니다
NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACIÓN DE ESTE DOCUMENTO
TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP
LƯU Ý: KÈM THEO ĐÂY LÀ BẢN TRÌNH BÀY TÓM LƯỢC VỀ THÔNG TIN TRONG TÀI LIỆU NÀY

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED November 11, 2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE, IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER.
NOTICE IS HEREBY GIVEN that on January 7, 2016, at the hour of 10:30 a.m., on the steps to the front entrance to the Humboldt County Courthouse, located at 825 5th Street, City of Eureka, County of Humboldt, State of California, PRIME PACIFIC, a corporation, as Trustee will sell at public auction, to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, all payable at the time of sale, real property situated in the County of Humboldt, State of California, and the purported address is 4500 Rancho Sequoia Drive, Alderpoint, CA 95511 (APN: 216-393-020), and is more particularly described in the Deed of Trust referenced below.
Directions may be obtained pursuant to a written request submitted to the beneficiary: Kevin Caballero, c/o Prime Pacific at (707) 468-5300 or mailing request to Prime Pacific, P.O. Box 177, Ukiah, CA 95482—within 10 days from the first publication of this notice.
If a street address or common designation of property is shown in this notice, no warranty is given as to its completeness or correctness. The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein.
The total amount of the unpaid obligation, together with reasonable estimate of the costs, expenses and advances at the time of the initial publication of this notice is \$245,511.45. It is possible that at the time of sale the opening bid may be less than the total indebtedness due.
The sale will be made without covenant or warranty of title, possession, or encumbrances to satisfy the obligation secured by and pursuant to the power of the sale conferred in that certain Deed of Trust, all advances thereunder, interest provided therein, and fees, charges and expenses of the trustee. The Deed of Trust was executed by Matthew B. Walker, a single man, recorded December 8, 2008, in Document No. 2008-28611-5, Official Records of Humboldt County, and said property will be sold “as is” and no warranty or representation is made concerning its present condition.
Notice of Default and election to sell the described real property under the mentioned deed of trust was recorded on September 8, 2015, Document No. 2015-017312-4, Official Records of Humboldt County.
NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.
NOTICE TO PROPERTY OWNER: The sale date shown on this notice may be postponed one or more times by the mortgagee, beneficiary, trustee or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call PRIME PACIFIC at (707) 468-5300. You may also visit our website—primepacificforeclosures.com. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the website. **THE BEST WAY TO VERIFY POSTPONEMENT INFORMATION IS TO ATTEND THE SCHEDULED SALE.**
The mortgagee or beneficiary has made contact with the borrower pursuant to DA Civil Code Section 2923.5.
Dated: December 16, 2015
PRIME PACIFIC, a California corporation
—Trustee
By: JANE H. LEONARD, President
No. WALKER M-15-42F

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CROSSWORD

by David Levinson Wilk

1	2	3	4	5		6	7	8		9	10	11	12	13
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70								71				72		

3X5

ANSWERS NEXT WEEK!

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- ACROSS
1. It released its 2600 system in 1977

6. Identify

9. "What to Expect When _____ Expecting" ("The Simpsons" episode)

14. Kind of column

15. MTV show that last aired in 2008

16. Only U.S. state whose state seal was designed by a woman

17. "We Were the Mulvaney's" author

20. "Game of Thrones" network

21. Natural resource

22. Inductee in both the National Women's Hall of Fame and National Abolition Hall of Fame

31. "Bust a Move" rapper

32. In a row

33. Mayhem on the far left and far right?

34. Radio host Glass

36. "With this ring _____ wed"

37. Area, in inches, of a standard index card (or an apt description of 17-, 22-, 54- or 58-Across)

42. Home planet of Jar Jar Binks

44. "If it were up to _____ would ..."

45. Sturgeon yield

48. Bring home the gold

51. Panties with wide legs

54. Host of PBS' "Finding Your Roots"

56. Follower of directions?

57. 1982 Donald Fagen hit

58. Actor who, in character in a 2006 trailer, says "My country send me to United States to make movie-film. Please, come and see my film. If it not success, I will be execute."

67. Perfect

68. The Reds, on scoreboards

69. Extreme

70. Goopy campfire treat

71. Psyche component

72. So last year
- DOWN
1. Tall, dark or handsome: Abbr.

2. Overly

3. Suffix with planet

4. Teeming with

5. Swelling treatment

6. Sch. group

7. Goof

8. Pop star Estefan

9. Life sketch

10. 1969 Nabokov novel

11. Tattle (on)

12. Not just "a"

13. Rihanna's first #1 Billboard single

18. Cold war foe, slangily

19. Sharon of "Boston Public"

22. Grease dissolver

23. _____ Kippur

24. Trash can, to a Londoner

25. Farm fraction

26. High fever in Ancient Rome?

27. "Property Virgins" cable channel

28. Come into some money, maybe

29. Author of the 2015 bestselling novel "Go Set a Watchman"

30. 34th pres.

35. 1972 treaty subj.

38. 1/24 of a day

39. "_____ and Michele's High School Reunion" (1997 comedy)

40. Sammy Davis Jr.'s "_____ Can"

41. Belongs

42. _____ degree

43. "You _____ My Sunshine"

46. Wedded

47. Suffix with lion

49. Commoner

50. Poet who gave us "carpe diem"

52. Breakfast container

53. Kickback of a kind

55. Remove gear from, as a ship

58. Family nickname

59. Navy VIP

60. Co. bigwig

61. Laugh syllable

62. Audrey Hepburn or Honey Boo Brew

63. 1969 "bed-in" participant

64. Elevs.

65. Silence fillers

66. "You wish, laddie!"

LAST WEEK'S ANSWERS TO TAYLOR SWIFT

T	O	R	M	E		R	I	C	O		A	X	I	S
A	F	O	O	L		U	P	O	N		S	R	T	A
B	L	A	N	K		S	P	A	C	E		S	A	S
K	A	R	A	S		E	A		A	A	L	I	Y	A
E	T	A	L			T	U	B			L	A	Z	U
Y	E	T	I	S		L	E	E			V	E	N	O
						S	P	A			A	D	D	
						T	A	Y	L	O	R	S	W	I
						O	C	H			P	A	D	
						D	A	R	E	D		K	E	G
						D	V	O	R	A	K		D	I
						J	E	A	N	N	I	E		N
						O	A	T	S		S	H	A	K
						B	R	E	T		S	L	U	G
						S	T	D	S		Y	O	K	O

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VERY EASY #58

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		4	9	7		1		5
		3				7		1
		1	2			8	6	7
		6	7	4				

www.sudoku.com

HumBug

Bugs in Winter

By Anthony Westkamper
humbug@northcoastjournal.com



The caddis fly larva carrying around its little shelter made of grains of sand underwater.
Photo by Anthony Westkamper.

I got down to the river about 2:30 p.m. but my little dragonflies were nowhere to be seen. I saw one fly and a tiny spider and a baby centipede under a rock. That was it.

All this raises the question, "Where do the bugs go in winter?" They are ecto-thermic (cold blooded) and in danger of freezing in even a light frost. Ice forming ruptures cell walls and is usually deadly.

To be blunt, most adult insects, having lived out their lives and reproduced, have fulfilled their destiny and just die. Others, like the Monarch butterfly, migrate to overwinter in warmer climes. But unlike birds, their navigation is all instinctive. The ones that migrate to Mexico were not born there so the navigation is all inherited.

Some insects nearly mummify themselves, getting rid of as much water from their cells as possible. Less water means less crystallization. I suspect that is how my variegated meadowhawk dragonflies manage surviving frosty nights. Looking through my photos, most late winter specimens' abdomens are translucent and nearly empty.

Some insects actually produce an anti-freeze in their blood as the temperatures drop. I've read that is how fungus gnats manage in the cold.

A different strategy is to lay eggs somewhere they will not freeze, like running water. It's the strategy of mayflies (order *Ephemeroptera*), which live for only a couple of days as adults merely to mate and lay eggs before they fall exhausted onto the water to drown and feed the fish. Caddisflies (order *Trichoptera*) lay eggs in water as well, their larvae building tiny structures from stream debris they carry around. Still others live out the cold months in the soil or underneath rocks, below the reach of frost.

Regardless of their strategy, the chemical processes of life are slowed down in the cold and bugs are much less active. Many will sit out the winter as eggs or pupae (co- coons). Others, like adult mourning cloak butterflies, stay dormant for months but warm up on sunny winter days and briefly brighten our days with an appearance.

It's a Bug's Life

I am using the word "bug" in the generic sense ... any small creepy crawly critter born with more than four legs. Technically, a bug is a member of the insect order *He- miptera*. The "true bugs" are generally shield shaped, with front wings about half the size of the rear wings and piercing/ sucking mouth parts.

If you stop to think about it, the world of arthropods is a fearsome place. I can't think of a single major human crime that is not perpetrated daily in my yard by one or another critter. As the apocryphal poem goes, "Great fleas have little fleas, upon their backs to bite 'em, and little fleas have lesser fleas, and so *ad infinitum*."

One thing I noticed from my first digital photos of insects was the difficulty of shooting a perfect insect. Many entomo- logical photographers actually raise speci- mens to get photos of undamaged butter- flies and moths. At first I was disappointed finding a butterfly's wing torn or a spider missing a leg, but I soon realized these were the marks of the animal's history, like the scars on my own hands. They tell the story of a hard life. In their world, there are no police to run to, no judicial system to appeal to; it is truly dog eat dog.

Insects have six legs and spiders eight, so they can afford to sacrifice one if it allows them to escape with their lives. Butterfly wings are much larger in proportion to their bodies compared to many other fliers. The loss of some surface area is less of a problem for them than it might be for a fly or even a bird. They are, in a sense, over designed.

I cannot conceive of a single one of the nearly million identified species of insects, not to mention spiders, centipedes, millipedes, sow bugs, or scorpions that is so fierce as to be immune from predators. Some of the fiercest, like the black widow and the praying mantis, resort to cannibal- ism on occasion. The insects we see today are the products of millions and millions of generations of daily, deadly struggle. It is little wonder they are so tough. ●

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Southern Humboldt Community Healthcare District is now accepting applications for:

ADVANCED PRACTITIONER
Full or Part Time Position. Current California Family Nurse Practitioner or Physician's Assistant License Required.

CLINICAL LAB SCIENTIST
Full Time Position. California Clinical Laboratory Scientist. Chemistry, hematology, UA, coagulation and blood bank experience required. Includes shared call.

ADMIN ASST/MED STAFF COORD/BOARD SEC
Full Time Position. The Position assists the Administrator by performing various assigned functions including executive duties requiring ability to work independently and to maintain compliance with regulatory and licensing agencies. Associate Degree preferred. Minimum five years secretarial experience required. Computer literacy required.

INFECTION PREVENTION/EMPLOYEE HEALTH/QUALITY ASSURANCE
Full Time or Part Time Position. Position includes, but is not limited to, infection monitoring and reporting, infection risk assessment and prevention, policy and procedure development, staff education, and outbreak management. Employee Health role includes, but is not limited to, new employee and annual health assessments, immunization programs, exposure management, and safe patient handling programs. Must be able to communicate clearly, verbally and in writing to interface with employees, medical staff, and state, local, and federal health departments and programs. BSN preferred. Certification in Infection Control (CIC) preferred, but willing to train the right candidate.

REGISTERED NURSE
Full Time, Part Time, or Per Diem Position. Current RN License and CPR certification required. Work 12-hour shifts in our critical access emergency room.

LICENSED VOCATIONAL NURSE
Full Time position. Current LVN license and CPR certification required. Work 12-hour shifts in our 8-bed skilled nursing facility or 8-hour shifts in our out-patient clinic.

CERTIFIED NURSE ASSISTANT
Full Time, Part Time, or Per Diem Position. Direct Patient Care, activities with the residents/patients. Must possess CNA Certificate and CPR Certification.

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Or call (707) 923-3921 ext. 230

RCHDC

Rural Communities Housing Development Corporation

Rural Communities Housing Development Corporation, a Non-profit housing corporation, is seeking an On-Site Maintenance Person for apartment complex in Fortuna

On-Site MAINTENANCE-PT

Non-profit housing corporation seeks on-site maintenance person for apartment complex in Fortuna. Need working knowledge of basic plumbing, electric and painting. Valid CA DL and insurance.

Applications available www.rchdc.org
or call: (707) 463-1975, ext 0. EOE.

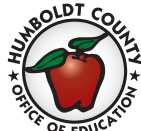


The Hoopa Valley Tribe is accepting applications to fill the following vacant position

Water Treatment Operator II

Hoopa Valley Public Utilities District; Reg. F/T; Salary: DOE. Work hours 40 +; typically Monday through Friday with rotating weekends. **Qualifications:** Must possess Grade II Water Treatment Operators Certifications; Must possess a Distribution II Certification; Must have a valid CDL and be insurable. **DEADLINE:** December 29, 2015.

Submit applications to the Human Resources Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546 or call (530) 625-9200 ext. 15. The Tribe's Drug and Alcohol Policy and TERO Ordinance apply.



Humboldt County Office of Education

Fiscal Clerk

FT, M-F, 7.5 Hrs./Day, \$2232.75-\$3082.73/mo. (\$13.74-\$18.97/Hr.)

Qualifications: Grad. from high school 3 yrs. of increasingly responsible and varied accounting experience. Intermediate skills in MS office and Excel desired. Eligible for employer paid H&W Benefits, PERS.

Applications available at HCOE or online:
www.humboldt.k12.ca.us

Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501. For questions contact Kathy Atkinson at katkinson@humboldt.k12.ca.us or call (707) 445-7039. **Closes: 12/30/2015, 4:00 PM**



Humboldt County Office of Education

Principal Account Technician

FT, 7.5 Hrs./Day, 12 Mo./Yr., 260 days.
\$2715.48-\$3462.98/Mo., \$16.71-\$21.31/Hr. Starting Salary DOE.

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Applications available at HCOE or online:
www.humboldt.k12.ca.us

Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501. For questions contact Kathy Atkinson at katkinson@humboldt.k12.ca.us or call (707) 445-7039. **Closes: 1/13/2016, 4 PM**



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Educator/Advocate

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Job duties: crisis intervention, on call shifts, provision of interactive presentations & participation in community outreach. Extensive training provided. Computer experience necessary, bilingual/multicultural experience highly desired.

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Application deadline: December 30, 2015

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Nutrition Manager/ Dietician
Manager nutrition programs which educates and promotes health and wellness throughout the Community. Arcata/Full Time

Medical Provider – MD/DO or FNP/PA
Provides general medical care and treatment to patients in medical facility such as a clinic, health center, or public health agency. Smith River/Del Norte /Full Time/Open Until Filled

OB /NA-AS Coordinator-Clinical Nurse
Manages Obstetrics Program working closely with Providers. Arcata/Full Time

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Perform specimen collection and routine. Diagnostic test with supervision. Humboldt/ Del Norte Full Time/Per-Diem

Facilities & Safety Program Technician
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Front Office Assistant ~ Dental
Greet & schedule patients/ operate multiline phones Arcata/ Per-Diem

Dental Assistant
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Clinical Nurse
Weitchpec Full Time Del Norte/Humboldt Per Diem ~ Provide appropriate sensitive care.

Medical Assistant's
Weitchpec/Arcata/Fortuna ~ Assists with examination and treatments must be injection certified with a current BLS. Job description & salary range posted online. Full Time/Per Diem

Community Health Representative/Del Norte
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Employment application available online at **www.uihs.org**. Email application, cover letter and resume to **UIHS-Recruiting@carih.org**

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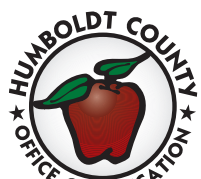
Filing deadline: January 7, 2016. Apply online at www.humboldtgov.org/hr aa/eoe.

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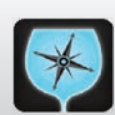
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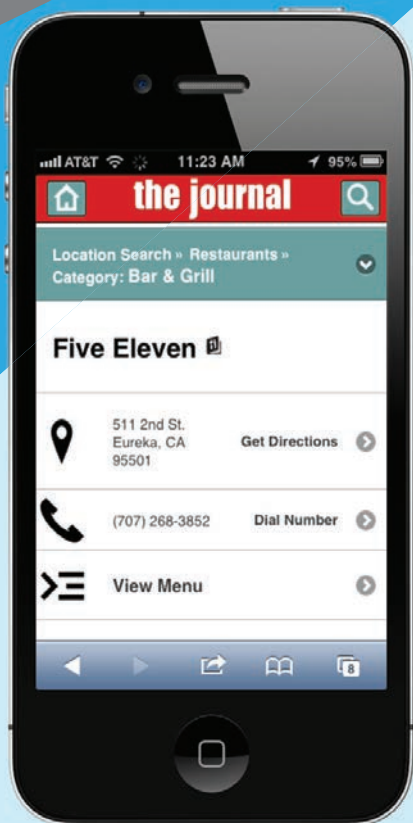
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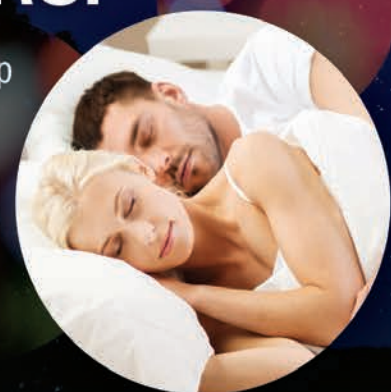
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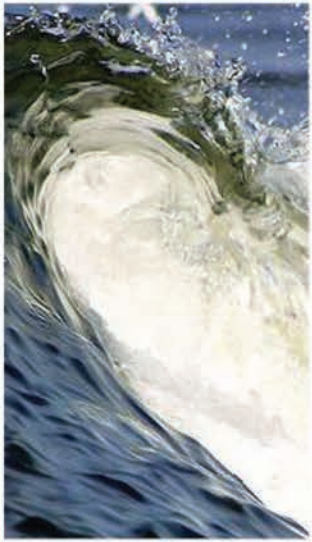
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REPOWERING HUMBOLDT COUNTY WITH **Community Choice Energy**



REDWOOD COAST
EnergyAuthority

The Redwood Coast Energy Authority has identified community choice aggregation as a potentially-key mechanism to support local economic development and advance the use of local renewable energy resources. To that end, the Redwood Coast Energy Authority is currently working to establish a community choice program for Humboldt County.

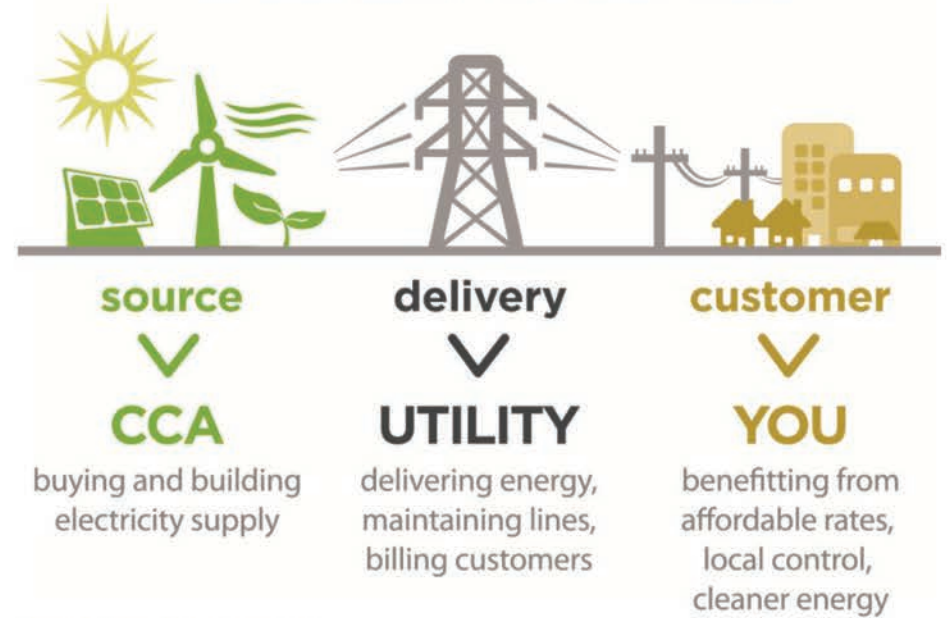
WHAT IS A COMMUNITY CHOICE PROGRAM?

The Redwood Coast Energy Authority (RCEA) is a local government joint powers agency of the County of Humboldt, the Cities of Arcata, Blue Lake, Eureka, Ferndale, Fortuna, Rio Dell, Trinidad and the Humboldt Bay Municipal Water District. Formed in 2003, RCEA's mission is to develop and implement sustainable energy initiatives that reduce energy demand, increase energy efficiency, and advance the use of clean, efficient and renewable resources available in the region.

Community choice aggregation (CCA), also known as community choice energy, is a provision of California law that allows cities, counties or joint powers agencies to purchase electricity and other necessary electrical services on behalf of the customers in their territories.

CCAs differ from municipal utility districts in that CCAs only provide the generation component of electricity services, which accounts for around half of a customer's electricity bill. The investor-owned utility (IOU), in our case Pacific Gas & Electric (PG&E), continues to own the electricity distribution infrastructure and to provide electricity transmission, distribution, billing, and related

How Local Energy Aggregation Works



Graphic courtesy LEAN Energy US

customer services. However, CCAs are able to determine their own energy supply mixes and rate structures.

While the Community Choice model is relatively new in California, with three programs currently providing service to customers in the State, there are over 1,000 CCAs operating across the country in Illinois, Ohio, New Jersey, Rhode Island, and Massachusetts.

WHY IS IT WORTH DOING?

Local Control: A CCA program allows Humboldt County to pursue our own

priorities, such as local generation and programs to support economic development, and provides local control of rate-setting. Unlike IOUs, local governments are accountable to their citizens through locally elected officials whose tenures depend on serving the public good and supporting the interests of their communities. When compared with an IOU, the decision making process of a not-for-profit local authority will be more transparent and accessible to the public, and can better reflect the interests and desires of the community.

Rates: A key motivating factor for the 1,000+ CCAs in operation has been the opportunity to reduce rates for

electricity customers; like municipal utilities, CCAs have been able to provide rates sometime as much as 20% lower than investor-owned utilities. The established California CCAs have focused on prioritizing environmental performance, but have still managed to achieve rates currently 2-7% below PG&E while providing significantly higher percentages of renewable energy.

Choice: When a City or County chooses to offer a CCA program to its community, each individual household and business still has the option to opt out of the program and continue to have their generation services provided by PG&E. State law requires that customers receive multiple notices of CCA program launch to ensure they are aware of their options, and customers can also opt out after the launch anytime in the future.



Priorities

RCEA will implement the Humboldt County CCA program guided by three core priorities established by the RCEA Board of Directors and aligned with RCEA's RePower Humboldt Strategic Plan: maximizing the use of local renewable resources, providing competitive rates, and supporting local economic development.

COMPETITIVE RATES

A key factor in success will be our CCA's ability to achieve rate competitiveness with PG&E while pursuing other CCA program goals. To minimize customer opt-outs, the CCA must provide overall rates that are competitive with or lower than those offered by PG&E for similar power supply products.

Prior to launch, RCEA is exploring a variety of supply portfolios using different cost assumptions for the above factors to determine the likelihood of maintaining rate parity while offering a larger share of renewable energy.

LOCAL RENEWABLE ENERGY

The CCA program will pursue an energy portfolio that prioritizes the use of local renewable resources, including existing facilities, to the maximum extent technically and economically feasible.

The State has aggressive goals for renewable energy, implemented through the State's Renewable Portfolio Standard which sets targets for quantities and types of renewable energy that electricity providers must supply to their customers. These targets are 33% renewable energy by 2020 and 50% by 2030. The CCA program will strive to use local renewable resources to exceed these targets.

Existing local renewable energy generation facilities that the CCA could pursue contracts with could potentially supply around 40% of the CCA's energy demand. However, the power from local facilities is not low-cost, and so a key first step in the procurement planning process will be a detailed and thorough evaluation to determine to what extent the CCA's portfolio can incorporate local renewables and still maintain competitive rates.

Upcoming CCA Presentations

RCEA is holding open-house meetings around the County to provide community members the opportunity to learn more about what a CCA is, why we are doing it, and how it works:

Jefferson Community Center
Eureka, Monday, 1/11

Six Rivers Brewery
McKinleyville, Friday 1/15

Town Hall Civic Club Room
Trinidad, Sunday 1/24

Arcata Community Center
Arcata, Wednesday, 1/27

Plaza Grill, Plaza View Room
Arcata, Friday, 2/5

Multi-Generational Center
Fortuna, Friday, 2/12

City Hall, Skinner Store
Blue Lake, Thursday 2/18

All events start at 5:30pm and refreshments will be served.

This is a preliminary schedule and more venues are being added, call 707-269-1700 or visit www.RedwoodEnergy.org for more information or to schedule a presentation for your community group.

The CCA can also offer customer programs that offer residents and businesses options to more directly engage in the development and use of local renewable energy, these programs could include:

100% renewable, opt-in choice that lets customers choose a 100% renewable energy option at a price premium, based on the costs of a 100% renewable supply.

Net energy metering allows customers to make their meter "spin backward" and offset their electrical usage by installing rooftop solar or another generating system.

A Feed-in-tariff program is a renewable energy purchasing program which sets simple and straightforward rules and pricing for purchasing surplus electricity from small-scale renewable electricity projects within the CCA's service territory.

ECONOMIC DEVELOPMENT

Collectively, Humboldt County customers spend in the range of \$60 million per year for the generation component of their electricity service. The CCA will strive to use that buying power to create quantifiable economic benefits in the region through job retention and creation and

the investment of any surplus funds to develop local renewable energy projects and community energy programs that benefit customers.

The CCA will promote regional energy conservation through custom programs targeted at local customers and implementing demand management best practices. The CCA will also explore the development of energy rates and incentives that can support community business retention and expansion.

Next Steps

Established in 2003, RCEA's joint powers agreement provides an existing foundation to move forward with a community-wide CCA program for Humboldt County. The RCEA Board has established its interest in becoming a community choice aggregator and RCEA's member governments have approved revisions to the RCEA joint powers agreement enabling RCEA to implement a local CCA program on behalf of the County and those member Cities that choose to become CCA participants.

The process for becoming a CCA requires that each local government's governing body adopt an ordinance establishing

their decision to participate in the CCA through RCEA, after which RCEA must then file an implementation plan with the Public Utilities Commission.

It should be reiterated that a jurisdiction choosing to be a part of the CCA is making the option of participation available to that community, but every individual customers can choose initially at the program start or at a later time whether or not they want to participate.

To facilitate the rapid and successful roll out of the CCA, RCEA will outsource significant components of program start-up and operations work to contractors with the qualifications, expertise, and overall experience to provide core CCA operations services. To this end, RCEA has issued a request for proposals to select a qualified entity or group of entities to provide comprehensive services to support RCEA with the development, financing, launch, and operations of the CCA program for Humboldt County.

TO LEARN MORE

Contact the Redwood Coast Energy Authority at:

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